Canoe News

HOLDING YOUR LEAD

BUILDER PROFILE: HUKI OUTRIGGERS AND SURF SKIS

LIFE OF A KAYAKING WIDOW





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From the Editor:

The weather has warmed and spring racing is well under way throughout most of the country. Use those races to get tuned up for another outstanding Nationals held this year in Dubuque, IA.! With part of the course on the fabled Mississippi River, it should be a unique and very fun Nationals. This issue has the info you need to get registered and to figure out great places to visit while you're there. So have fun and "paddle 'till you puke in beautiful Dubuque." Or something like that! Enjoy another issue of Canoe News.

Keep paddling strong!

Steve

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Back Cover: Wendy Brinson.

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Canoe News is the official publication of the United States Canoe Association

Supporting a Five Star Program: Camping, Camaraderie, Cruising, Conservation, and Competition

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VIEW FROM THE STERN

USCA PRESIDENT REBECCA DAVIS

The start of the racing sea- the women's day paddle. On son is well underway. By the time you are reading this newsletter, the General Clinton Canoe Regatta will be complete and most of us will have had our first full marathon event for the season in the books. After this first large race of the year, we will reflect on our training and early season prep and tweak our preparation in anticipation for our next big event: the Texas Water Safari, the Yukon Quest, the AuSable River Canoe Marathon, the USCA Nationals, or any other race that holds a special place in our hearts.

As I look back over this spring, I have many fond memories—not only of the training I have put in, but also of the people I have had the pleasure to paddle with. In early March the 19th Annual (unofficial) Florida Training Camp took place at Suwannee River State Park. This year we were favored with gorgeous weather, nice water levels, and plenty of camaraderie around the campfire. The Ellsworth's hosted the now annual pot luck, the French Canadians hosted a "beer run", and the Barton/Davis women put together

women's day all of the women ditch the men and pair up together. Each hour we rotate partners, paddling with 3 other women each. It is one of the highlights of camp, and this year we had 18 women participate! I know many of us came away with new partners and new friendships.

After drudging through the rest of the miserable Michigan spring, I was able to attend the Pecatonica River Training Camp in Freeport, IL hosted by the Friends of the Pecatonica River. This was a completely different group of paddlers than those I met in Florida, but just as wonderful. I was able to paddle

with three new women and I enjoyed it immensely: Joanie, Dena and Suzie. Thank you for such a fun day on the river! If you are traveling from the east for the USCA Nationals in August I would definitely recommend stopping by and contacting the Friends of the Pec, or more informally, Joe, John, Lee, and the rest of the gang as they are more than willing to spot cars and may even provide refreshments after your paddle. Scoping out the river and giving feedback will go into consideration if they decide to make a bid for the Nationals in the future.

After visiting the two training camps I noticed a few similarities in paddlers wishing



Tricia Heed taking a break at Spring Training Camp to talk to another paddler.

to improve. First, a good stroke starts from good hip rotation. Paddlers need to use their legs and hips to get reach instead of just their upper bodies; that way "hunching" is minimized and good body can still be put into each stroke. The paddle should enter the water in front of the paddler's feet for a basic forward stroke. Second, hold the paddle square. This may sound minor, but most people hold their paddle at an angle. The hand needs to be offset on the grip to make the blade go in the water straight.

Finally, my advice for the stern. For lighter/smaller/less strong sterns (and all sterns really) calling switches at the right time is the most important element of steering, tracking straight, and riding wake. If the



A little "Florida Motivation" to keep your boat upright and paddle faster!

boat zig zags, call switches 2-3 strokes "early." Don't use same side paddling to fix mistakes, catch the stern, or perform subtle turns; it just encourages laziness and reliance on the bow for steering. Same side paddling is good if you need some adjustment to hang on a side wake or for extra sharp turns. However, in race situations paddlers need to swal-

low their pride and do what they need to do (bow or stern) to get on the right wave/line. Hopefully these tips will help in assessing spring training to make more improvements over the summer.

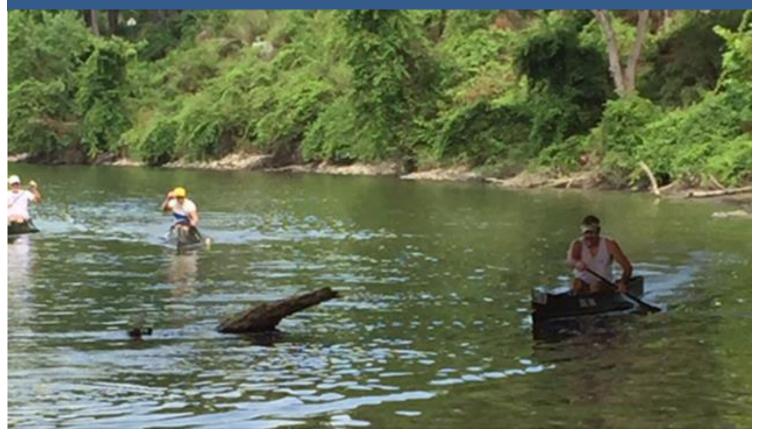
See you on the water!



A moment of relaxation during the Florida Spring Training Camp, checking out the local wildlife.

HOLDING YOUR LEAD

CHARLES BRUNO



Charlie Bruno leading Ed Sayre at the 2015 Warren Nationals.

Ok, so maybe I don't have a lot of experience with this. Ha! But now and then I've found myself ahead of at least one paddler who has the real potential to beat me. Maybe I just got a good start and copped a few good rides, or maybe the other guy ran into some troubles early in the race. But what is the best strategy to try to hold that lead all the way to the finish line? For the purpose of this article let's assume you made a buoy turn about 2 miles from the finish line and saw that you had about a 20 second lead

on paddler #2. Theoretically, if this is a 15 mile race and that paddler usually finishes about 2 minutes ahead of you, he's going about 0.1 mph faster than you and might, therefore, close in on you. So, what are your options?

- 1. Take it easy & save your energy so you are rested when he catches you.
- 2. Go really fast hoping to get to the finish line before he catches you?
- 3. Focus on good technique and maintain your fastest *SUSTAINA-BLE* pace?

Option #1 is a poor choice. Why make it that easy for him? Plus then you will be racing a faster paddler to the finish line. As for option #2, there are, of course, times when you need to sprint: off the line; catching a ride; getting to the shallows first, etc., but I wouldn't suggest it here. So of course I like option #3, and here is what I am basing that on:

One of my workouts is a 30 minute push where I mark my time at points along the way at roughly minutes 8, 17, 23, and the finish. I found that if I go too fast in any of the first three segments, I too slowly, he will realize that he is will not have a great time overall because I will undoubtedly need to rest a bit following that fast period. BIG SPIKES ALWAYS LEAD TO BIGGER TROUGHS.

The best way to set a new personal record on this course has always been when I only pick up maybe 2-5 seconds in at least one checkpoint and then give it my all toward the end of the last segment. The best way to do that is to focus on good technique and go at the fastest pace that I feel I can hold for that 1/2 hour (Option #3). Getting to the finish line as soon as you can in this manner is all you can do. But by doing so, it makes paddler #2 work harder. If he pushes too hard, he'll fall into one of those rest troughs. If he goes

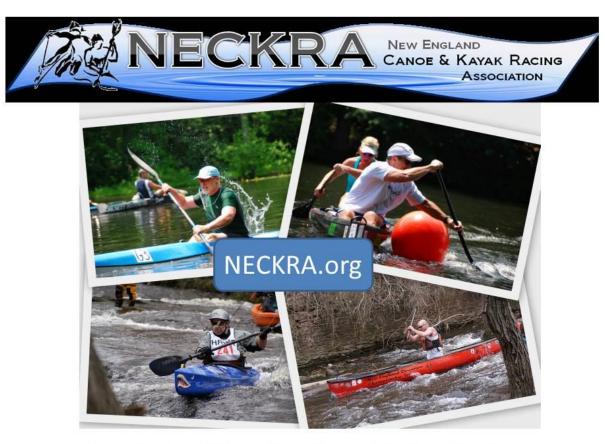
running out of time and needs to push even harder. The further above his maximum sustainable pace he goes the more likely he will fade toward the end. And even if he does eventually catch you, he will have pushed harder than you and should have less for the final sprint.

Having said all this, let me throw another option into my theory. If you see that he will probably catch you within 1/4 mile of the finish, maybe you will want to commit to your final push a little sooner, just to avoid letting him sit on your wake before the finish. This might encourage him give up - or at least he will be just as tired as you are in the final 100 yards and you might just be able to hold him off.

The key words are maximum sustainable and focus. Focus on good technique; focus on your speed. Actually, it is probably in those times that you allow yourself to drop down in speed that you lose your lead, not that you didn't go fast enough at your top end. Certainly not the time to daydream.

Some may disagree with this theory but this has proven the best for me.

Next tip: Don't totally embrace any canoe advice until you've tried it, analyzed it, and tried it again. I've personally bounced back and forth many times on many issues.



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LIFE OF A KAYAKING WIDOW

JULIE HORNEY

No, he didn't die. He just goes away for large swaths of time as soon as the forsythias start their yellow bloom season up north here until the crimson leaves begin to fall into the local waterways. Then he "comes back to life" again when I need him to keep me warm when the snow flies; that's all. Such is the life of a kayaking widow!

For those of you who have taken a break from reading your cereal box and picked up your beloved's issue of Canoe News instead, this one's for you! You may or may not be a paddler and that is o.k. If you are not a RACER, however, and HE IS then you are invited to join me in this paper support group! We are not alone! (He does eventually come home to sleep and eat, right?) I mean, I understand girlfriend.

So we must stick together, you and me, and figure out alternatives to dreamy picnics in the park with our men. It probably won't happen. Our guys are either out fulfilling the requirements of their USCA membership or too tired and sore from the workout the day before to take a walk on the local Prairie Path on a Sunday afternoon. "Would you massage my back?" is more likely heard than, "the moonlight sure is lovely reflected in your hair tonight." But I digress. Just focus on the other scenic benefits of being married to an athlete if va' know what I mean?

And try these tips to at least get past the Nationals in August!

- Go shopping. Spend wisely and no more than the amount he has invested in paddling gear.
- Try a recreational race if you can paddle some; offer to take pictures of the event or help out if you prefer not. Kids can come too if desired. He will love you for taking an interest in his sport.
- Leave a note of encouragement in plain view for your man to find as he makes his way out the door on race day before the rooster crows. Add food. Lots of food.
- Plan regular events of your own either alone or with like-minded "widows." There are a lot of us out there, left behind from

- various endeavors requiring testosterone. Pick ones that require lots of estrogen to enjoy.
- Eat chocolate and don't share with anyone.
- Look busy when he comes home yet be sure to greet him from upwind.

Surely there are a virtual bevvy of strategies for us landlovers as I am only getting started here. Actually I was a fan of boating under power when I met my River Bear. What happened? Who knows but her name might be "Stella(r)" or something like that! I would love to hear from you ladies (and possibly widowers?) with your best tips on making the most of the paddling season.

Until then, gardening anyone? J



Former Olympic sprint canoeist Bruce Merritt with his wife paddling C2 Recreational at the Fort Wayne Canoe & Kayak Races, June 2012.

2017 ALUMINUM NATIONALS RESULTS

LLOYD REEVES



Don Walls and Dale Burris duking it out with Adam Gelinas and Jack Morse in an extraordinarily tight photo finish!

2017 Results

Saturday (Mar 4th, 12 mile race)

C-2 Open Men

- 1. Don Walls/Dale Burris (53/61) 2:03:39.49 AR/AR
- 2. Adam Gelinas/Jack Morse (34/54) 2:03:39.50 MA/MA

C-2 Man Masters

- 1. Bob Spain/Peter Heed (71/66) 2:09:59 (1st Vet 1) TX/NH
- 2. Deven Anthony/ Jon MacQueen (61/75) 2:15:54 FL/CAN
- 3. Charlie Swengrus/Neal Sanders (64/72) 2:25:57 NC/TN
- 4. Ross Elder/David Fletcher (61/41) 2. Dick Pula (71) 2:00:45 MN 2:26:26 FL/FL

C-2 Open Woman

1. Teddy Gray/Joy Emshoff (64/64) 2:16:07 TX/TX

C-2 Woman Masters

1. Jeannie Shaffer/Pat Bayers (49/36) 2:52:49 FL/FL

Photos next page are courtesy of **Brint Adams**

K-1 Touring Open Man

- 1. Bob Nugent (56) 1:58:50 GA
- 2. Doug Keiper (70) 2:17:45 VA

K-1 Touring Man Senior

1. Mark Nye (55) 2:03:17 FL

K-1 Touring Man Vet 1

1. Steve Rosenau (60) 1:56:53 NC

K-1 Touring Man Vet 2

- 1. Rand Perkins (65) 1:52:37 NC
- 2. Brint Adams (66) 2:00:17 FL

K-1 Touring Man Grand Vet 1

- 1. Bill Gardner (72) 1:58:52 SC

K-1 Touring Man Grand Vet 2

1. John Stover (75) 2:07:04 MI

K-1 Touring Woman Senior

1. Collen Curran (50) 2:15:38 OH

K-1 Touring Woman Vet 1

1. Anita Allen (63) 2:02:15 FL

Public Marathon

- 1. Jan Lupinski FL
- 2. Doug Lindsay FL
- 3. Brad Ward FL

- 4. Robert Norman FL
- 5. Andrew Kinder MA
- 6. Matt Flick FL
- 7. Al Schwartz FL
- 8. Capt. Wilmes FL
- 9. Camille Blatz FL
- 10. Daniel Honig FL
- 11. Martin Muller FL

Sunday (Mar 6th, 6 mi race)

C-2 Mixed Open

1. Teddy Gray/Don Walls TX/AR 1:03:53

C-2 Mixed Master

1. Joy Emshoff/Bob Spain TX/TX 1:07:24

K-1 Downriver Man

1. Doug Keiper VA 1:15:06

Public 10K

- 1. Suzanna Nye FL
- 2. Mark Nye FL
- 3. Victor Kardway WI
- 4. Earl Brimafer IA
- 5. Robert Bruce FL
- 6. Mark Blackburn FL
- 7. Anna Kophhamer FL



MAY RACING

REBECCA DAVIS

May is always the most stressful month of my racing season. Months of training are finally put to the test, and only a few short weeks separate the training hours from the first big test of my season: the General Clinton Canoe Regatta. This year has been an especially hard one because I landed my best/favorite partner, Mike Davis (also known as my husband) for the Clinton; the Clinton also happens to have one of the most competitive mixed fields on record. When racing with your spouse, you know them too well and are intimately aware of all the ups and downs of their season. I didn't want to be a down, which is difficult seeing that he is a top-5 paddler in any race where he has a partner besides me. I am fully aware of my weak link status. We trained together through the long winter months against the Hog Wild Racing C4 team: Bruce and Roxanne Barton, Tim Triebold, and Weston Willoughby. Training against the C4 is painful at best, but generally good because we can't let up for a second. We thought we were moving well but hadn't been around many other C2 teams to test our speed. All this training came to a test at the Canton Canoe Weekend.

Canton is known for being the premier C1 race of the spring, with paddlers coming from all over to race the tough 14 mile course. The men's field is so tough that nothing is a guarantee - everyone is fighting to win. The women's field is one of the deepest I will see before the USCA Nationals. Mike had high hopes for finishing well in the men's field, last year being one of the lead 2 boats until the last few miles where he fell back to 5th. I had won my first Canton last year, and was coming in to defend my title. The pressure was on for both of us. At the end of the day we came out exactly as the year before: Mike was 5th and I held on to win the C1 women's.

I knew Mike needed a great race to come away feeling like he had a successful winter and I felt the pressure to perform in Sunday's C2 race. The plan was to take off hard, ride the fastest boat we could, and maybe make a move going up the Little River in the last five miles. I was so nervous on the starting line that I could hardly keep my composure. Naturally, this lead me to call a hut at the same time as the starter blew the horn, and we were paddling full out on the same side for the first few seconds-not exactly ideal for riding the fastest teams off the line. We quickly recovered and held on to the wave of the front pack of eight boats. About one mile into the course we turn a buoy to head back upstream, and as with any buoy turn this is a chance for the fast teams to get separation. Mike always races to win and since we were in the back of the pack we set up to turn the buoy sharp. As the front teams rounded the turn, we realized that Trevor LaFever and Ben Schlimmer decided to go for a swim, causing everyone else to jam up. We made our move and came around the turn, getting to the eddy line near shore in an uncontested 3rd place! What a turn of events. Now we switched to damage control don't go too hard, conserve some energy to ride the 10 fast teams behind you as they go by. We made it most of the way upstream and only one team had passed us, (which we were still riding) and another team had hung on our wake, but that was it! It looked like a top 5 finish was within reach. We rode in this pack the entire rest of the race and when separation came in the last few miles, we held on for a 4th place finish—definitely the great race we needed going into the Clinton!

Once back in Michigan I had my most local race of the year and really the opposite of Canton: the Jonesville Riverfest. Jonesville is a short course (probably about 7 miles) on the headwaters of the St. Joe River. Most of the race takes place on what normal people would call a creek—only about 4 feet wide, shallow, with tough turns. With the river being so small, it just runs through the town under a series of culverts with pipes across the top of them. Sometimes the pipes are just in the open across the river. Either way a lot of on the fly decision making and portaging are a big part of the race and everyone finishes looking like they have been dragged through a swamp full of nettles in a thunderstorm! This is my kind of fun; Mike, however, doesn't seem to enjoy it quite as much as I do, so I had to pick up a new partner: Nate Tate.

Nate was a rookie to Jonesville, but somehow he still trusted me when I told him it would be fun. To make it even more interesting we set up for a battle against my sister, Samantha, and my dad, Bruce. Samantha does one race a year, and that race is Jonesville. She is an excellent paddler, but likes to take a long taper in her training, 364 days to be exact. Bruce and Samantha are cut from the same cloth and are highly

competitive, so this was gearing up to be a battle.

We get to the starting line and our field is only 3 teams. We line up on the lake to start and the gun goes off. Nate and I were a little shaky in the wind waves, but held on to the first portage, with Samantha and Bruce on our stern. Once in the river, Nate and I really started to go well on the straight sections full of lily pads. We were even attacking the small culverts with gusto. Nate learned how to lean back and use the ceiling of the culvert to push us forward using his hands. Through three road portages we had a 15 second lead. Now the river starts to get twisty and have some unexpected trees across due to a storm the night before, and Nate and I began to struggle. Samantha and Bruce are hot on our heels and I'm beginning to worry, but I

know if we can just make it to the final portage with contact we have a chance to sprint by before the finish. We come to a bridge with a metal fence post and a tree branch on it a made a slight hesitation- enough for Samantha to make her move and sneak by. After this we started to have to portage logs crossing the river in chest deep water. Samantha and Bruce flew through this section and got out of sight. Nate and I tried to stay calm, but made a critical mistake flying into a sweeper around a corner and tipping over. That was the final nail in the coffin. It started raining hard and we couldn't see even 10 feet in front of us! Our spirits were high, even though we weren't going to win.

Samantha never smiled brighter than when she watched us cross the finish line.



TRAVEL TIPS FOR NATIONALS 2017

EXPLORING THE TRI-STATE AREA (IOWA, ILLINOIS, & WISCONSIN) BY DENA KURT

REALLY IMPORTANT TIP:

Always, always keep your parking meter fed in Dubuque (Saturdays too)!!!!

A Brief History of <u>Dubuque</u>

(See www.encyclopediadubuque.org for more information.)

In 1788 Julien Dubuque, a French-Canadian, was granted rights by the Mesquakie (aka Meskwaki) Indians to mine their land for lead. He settled near the mouth of Catfish Creek (now part of the Mines of Spain State Park Recreation Area). Dubuque, for whom the city is named, is considered to be the first white man to settle in Iowa making Dubuque the oldest City in Iowa.

Connection to Shawinigan

Followers of the Canadian "Triple Crown Race" La Classique internationale de Canots de la Mauricie (a.k.a. Shawinigan) may be interested in knowing that Julien Dubuque was born in Trois-Rivières. (His childhood cradle can be found in the National River Museum & Aquarium.) Imagine the journey he made by water to arrive here! So it is somehow fitting that the 50th annual USCA National Championship Races should be held on the Mississippi River. Sometimes referred to as the "Father of Waters," the Mississippi River is the 2nd longest river in the United States and the

4th longest in the world (including Missouri and Jefferson River feeds).

From the Miller Riverview Parawater front, you can view both Wisconsin and Illinois near the feeds of the feeds o

Chaplain Schmitt Island Race Site

Race site and Race HQ for USCA Nationals 2017, Chaplain Schmitt Island was formerly called City Island. In 2006, it was renamed in honor of Father Aloysius H. Schmitt, a naval chaplain on the USS Oklahoma at Pearl Harbor in 1941. He is credited with assisting 12 soldiers to escape thru a port hole, giving up his chance to leave. His remains were finally identified and returned to Dubuque in 2016 for internment at Christ the King Chapel in Loras College.

Formerly an airport, a city dump site, and a car racing track, Chaplain Schmitt Island is now a recreational area. Schmitt Island boasts a hiking/biking trail, an indoor ice skating arena (open to the public), baseball fields, boat docks, the Dubuque Water Sports Club, Miller Riverview Park Campground, a casino, and a hotel. It has been the site of annual dragon boat races in the past and now it's the site of the USCA Nationals!

Driftless Tri-State Area

From the Miller Riverview Park waterfront, you can view both Wisconsin and Illinois near the start/finish line of the marathon events. A short paddle, bike ride, or car drive can take you through all three states. Hence, the term "tri-state area."

This tristate area is also commonly referred to as "the drift less area," because the last glaciers skipped the terrain leaving it with rolling hills and great views.

There are no mountains in the area but there are some **BIG** hills.

The Flood Wall

After severe flooding of much of the downtown area in 1965, a flood wall was built to protect Dubuque's citizens and structures from future flooding. Therefore much of the waterfront is rimmed in native limestone and protected by flood gates. It might not be pretty, but sure is effective!

<u>Cities Near By</u>

Dubuque is a 20 minute drive from Galena, Wisconsin and a 1 hour, 30 minute drive from Madison, Wisconsin (home of Rutabega Paddle Sports). It's a 2 hour 40 minute drive from Milwaukee, Wisconsin; a 3 hour 30 minute drive from downtown Chicago, Illinois; a 3 hour 30 minute drive from Des Moines, Iowa; and a 4 hour 30 minute drive from Minneapolis.

Getting Around Dubuque

The race site is just minutes from downtown Dubuque and close to the Wisconsin and Illinois borders. Getting around Dubuque is fairly easy with metered spaces and parking garages located in the downtown area. Don't forget to plug your meter during the day!

Dubuque's public bus transport is known as The Jule. There are a number of hiking/biking trails/ paths that may be found on the City website www.cityofdubuque.org/1589/ Trail-Maps. **Heritage Trail** (fee if 17+) is a 26-mile gravel, multiuse trail that runs from Dubuque to Dyersville. A popular starting point is Sageville. www.dubuquecounty.org/

conservation/heritage-trail.

Give Parrish or Dave at **Bicycle World** a call at (563) 556-6122 (www.bicycleworlddbq.com) for bike rentals, suggested bike routes and maps, or to join their Wednesday night group ride (fast -paced, hilly routes for experienced riders). There is also a similar Thursday night ride hosted by Free Flight.

What to Do

There is much to see and do in this historic area! Dubuque has great opportunities for paddling, biking, hiking, scenic drives, historic tours, museums, golfing, etc.

What follows are some of Earl Brimeyer's top picks/hints/tour

suggestions along with some others. With so much to do and see, you probably find you don't have enough time for it all. Can't find what you want? Send an e-mail to: 2017nmc@uscanoe.org
Or visit: www.traveldubuque.com

<u>Chaplain Schmitt Island</u> <u>Tour (race site)</u>

A skateboard park and a public ice skating arena is located on the island as well as a Veteran's Memorial. The Riverwalk hiking/biking trail starts at the north end of the island and travels under the bridge to follow Peosta channel out to the Lock and Dam No. 11.

Lock and Dam No. 11 is located just north of the Island (there are 29 working locks on the river). This working lock has a viewing pavilion for watching the river boats and barges lock through. In 2001, Verlen Kruger (age 79) and paddling partner Bob Bradford (age 58) locked through in their canoe to place first in the longest nonstop canoe/kayak race in history-an epic marathon of 2,348 miles down the flood-ravaged Mississippi River, taking only 24 consecutive days. On a previous trip Verlen "shot the dam!" (Strongly discouraged.)

Sutton Pool is located near the dam on Hawthorne St. just north of the Schmitt Island; a small user fee allows visitor access. www.cityofdubuque.org

Eagle Point Park and Ham House Tour (13 minutes, 3.6 miles) via Rhomberg Ave. from race site) (Fee)

The Friday night pasta dinner will be held at this beautiful park

with scenic views of the river valley. Include a tour of the **Mathias Ham House**, located on the corner of Rhomberg Ave. and Eagle Point Dr. for a bit of history.

Port of Dubuque/Ice Harbor Tour (10 minutes from race site)

Located at the south end turnaround of the marathon events, in the riverfront area at the Port of Dubuque known as the "Ice Harbor" the National Mississippi River Museum & Aquarium [www.rivermuseum.com (fee)], is an interpretive museum of the natural, cultural, and industrial history of the Mississippi River. Enjoy interactive displays, aquariums, movies, and more. This museum can take 2-4 hours depending on your interests and staying power.

Port of Dubuque Riverwalk

(free; allow 30-40 minutes) starts from the Welcome Pavilion located inside the flood gate east of the museum (a good place to view the marathon turn around and there may be a paddle wheeler excursion boat docked here). The Riverwalk will take you to a historic Shot Tower (used in making lead musket balls for the civil war), the **Star Brewery** (no longer in operation but Stone Cliff Winery has a showroom here), and to the railroad bridge that crosses from Dubuque to Illinois. Trains on the Illinois side pass through a tunnel mined into the hillside; look closely and you can see the entrance to the tunnel. If timed right, you may see the swing gate in operation as a barge passes through. There are sculptures by local area artists located along the Riverwalk.

Just over the 3rd Street access bridge, between 1st and 5th on Main Street, are many restaurants and bars, along with the historic Julien Inn. Take a walk through this hotel for a feel of historical Dubuque.

4th Street Area (10 minutes from race site)

A ride on the Fenelon Place Elevator, (fee - allow 30 minutes) located at 4th and Bluff St., could complete your Ice Harbor tour. This 3 ft. narrow gauge funicular railway, also known as the Fourth Street Elevator, is claimed to be the shortest and steepest railroad in the world. Nice view from the top and of some historic homes. There are shops and coffee to be found in this area.

www.fenelonplaceelevator.com

Field of Dreams (41 minutes (28.7 miles) via US-20 from race site)

Three movies filmed in the Dubuque area include, Field of Dreams, Take This Job and Shove It, and F.I.S.T. Located in Dyersville, Iowa, the Field of **Dreams** baseball diamond and house is still a popular destination. Bring a baseball glove, bat, and ball and you can probably join a pick-up game in progress. On Sundays at 1:00 pm a "ghost team" comes out to play. While in Dyersville you may also want to visit the National Farm Toy Museum. The National Motorcycle Museum is located another 40 minutes west of Dversville in Anamosa.

Mines of Spain Recreation

Area (14 minutes or 5.8 miles via rons (24 minutes or 16.2 miles US-151 S from race site)

Looking for miles of wooded hiking trails or a little canoe trip? This National Historic Landmark is located on 1380 acres just south of Dubuque, Iowa with a canoe put-in, prairie, bluff, and woodland trails.

www.minesofspain.org. The **Julien Dubuque Monument** and grave of his Mesquakie Indian wife, Potosa, is located on the bluff just above the mouth of Catfish Creek. There is a canoe putin at Catfish Creek with a hiking trail up to the monument. A favorite hike is Horseshoe Quarry where you can hike into the quarry or along the top of the quarry. From the quarry, cross the railroad tracks for a walk to the river. The E. B. Lyons Interpretive Center trails allow you to view a lead mine shaft and a "pit" mine.

Swiss Valley Park and Campgrounds (16 minutes or 8.8 miles via US-151 S and Military Rd from race site)

A scenic wooded valley with a stocked, spring-fed trout stream (called Catfish Creek before it passes through Dubuque), great hiking trails, neat bridges, and a nice campground. Go to www.cityofdubuque.org for reservation information.

John Deere Plant Tour: The Dubuque John Deere Facility offers tours to the public. There is a spot behind the plant and by the Little Maquoketa Bridge where you can put in a boat.

The Tri-State Area

Galena, Illinois, and Envivia US-20 E from Race Site)

This is a great little town in which to wander with B&B's, historic site-seeing, antiquing, shopping, eating, viewing 1830's-1860's architecture, etc. In 1865 this historic lead-mining city was larger than Chicago, with paddle wheelers traveling to Galena from the Mississippi River. Then the lead ran out, the Galena River (aka Fever River) silted in, and the city buildings were preserved. Eight Civil War Generals served from Galena including President Ulysses S. Grant; his home is open for tours. A bus-driven ghost tour is offered for a fee.

There is a walking trail & canoe/ kayak put-in just across the Hwy 20 bridge in downtown Galena. Paddle upriver through Galena or down river to the backwaters of the Mississippi. Both paddles take about 45 min one-way. Call Deb Malone at Fever River **Outfitters**, (815) 776-9425 for canoe/kayak/bike rentals and routes. Casper Bluff Land and Water Reserve, Keogh Nature Preserve (the only Bear Effigy Mound in Illinois), and **Blandings Landing Recrea**tion Area are a few great areas (www.rivers2ridges.com). Chestnut Mountain Ski Resort offers many options. For a zip-line tour, contact Long Hollow Tours at:

www.longhollowcanopytours.com Continue on U.S. Hwy 20 to Elizabeth, Illinois for more antiquing, a railroad museum, a quirky meteorite museum, and a reproduction of an 1830's fort.

Great River Road Tour (50 minutes or 37 miles one way)
Some of Earl's favorites (his folks grew up in Balltown) are the great river views and vistas. Travel north on the Great River Road to Breitbach's Country Dining

(www.breitbachscountrydining.c om) for a meal at the oldest restaurant in Iowa. (It has burned down a few times, so the present structure is pretty new.) Continue north to the Cassville Ferry (car fee). Take this car ferry across to Wisconsin and head downriver to visit the **National** Brewery Museum and the Potosi Brewery for great food, beer, and an interesting museum. Take U.S. Hwy 61 back through Dickeyville to visit the quirky Dickeyville Grotto. (See www.scenicpathways.com and search Great River Road for more ideas.)

Effigy Mounds National
Monument (1 hour 30 min or
62.8 miles) Continue on to
Wenonah Canoe in Winona
MN (another hour north).

Wyalusing State Park is north of Cassville, Wisconsin at the confluence of the Mississippi and Wisconsin Rivers. Indian mounds, views, camping, and water trails; the last *Passenger Pigeon* was shot here. (www.dnr.wi.gov/topic/parks/name/wyalusing)

Also on the Museum List:
Badger Mine & Museum in
Shullsburg, WI and The Mining
Museum and Rollo Jamison
Museum in Platteville, WI.

Spring Green, Wisconsin: (1 hour 9 min or 66.5 miles) Tour

Frank Lloyd Wright's Estate,
Taliesin, take in a play with
American Players Theatre,
visit House on the Rock
(American Gods by Neil
Gaiman), or take a paddle on the
Wisconsin River. Continue north
to the Wisconsin Dells or the
Crane Foundation in Bariboo,
WI.

Mineral Point Wisconsin: (41 minutes or 40 miles.) Third oldest city in Wisconsin, with shops and galleries. Noted for arts and crafts workshops held at **Shake Rage Alley.**

www.shakeragalley.com.

Golf: Bunker Hill Public Golf Course in Dubuque. Lacoma par-3 public golf course in East Dubuque, Illinois. And, if you are an avid golfer, try Eagle Ridge Golf Course located in the Galena Territories in Illinois. Tee-time reservations are required at all three.

Churches and Such. Our Lady of the Mississippi Abbey and New Melleray Abbey are Trappistine Abbeys open to the public. St. Luke's Methodist Church in Dubuque has more Tiffany Stained Glass Windows than any other church in Iowa. Sinsinawa Dominican Sisters is in Wisconsin.

Downtown Dubuque (7th & Main Area): See the Clock Tower, take a walk through the Roshek Building, the Dubuque Arboretum, Riverboat Rides, winery tours, the Dubuque Museum of Art, etc. Take a look online for your special interest. American Pickers store, Antique Archeology is located in Claire, Iowa.

Off the Beaten Path

11th St to Grove Terrace,
Dubuque: Drive straight up 11th
St. to Grove Terrace. There is a small pocket park here, along with some historic homes
(Hancock House B & B is located here. Stop in and you may

Fenley State Recreation Ar-

get a tour.)

ea: 16 minutes from Dubuque in Wisconsin. Trail runs up a ravine into a field to a bluff that overlooks the Mississippi River. The town of Sinsiniwa was located here in the early 1830's. Its founder paddled to his cabin here from Galena at night during the "Blackhawk Indian Wars." The town died out during a malaria epidemic and its grave sites may be located on the top of Sinsiniwa Bluff. From the bluff-top look south to Eagle Point park and race site. There is also a boat dock at O'Leery's on the Wisconsin side of Lock and Dam 11; put in here to paddle north on the river (beware: lots of suck water).

White Water Canyon Wildlife Area: 30 minutes from Dubuque, just south of Cascade, Iowa. Ice caves, Indian artifacts, bluffs, and hiking.

Manchester, Iowa Whitewater Park: (49 minutes or 44.7 miles via US-20 W). Many whitewater paddlers like this course.

Wildlife & Woodland Tips:

Bring your binoculars! Look for bald eagles, white pelicans, cormorants, Great Blue Herons, Snowy Egrets, Osprey (rare), owls, hawks, king fishers, possums, raccoon, muskrat, river otter, turtles, beaver, turkey, deer, and lots of other critters big and small. Poison ivy is common. So are deer ticks.

Note: Poisonous snakes are not known to be in this area. We don't recommend swimming or wading in the Mississippi.

Coffee, Tea & Nosh: Convivium at 2811 Jackson St. Indoor/outdoor dining options in rehabbed greenhouse complex. (4 minutes from race site; opens at 6am) Fresh ingredients harvested at site; call for vegan/vegetarian options. Jitterz Cafe, 11th & Main (about 2 min from race site). Offers sandwiches, salads and soups. In vicinity: A great bookstore, River Lights II

across the street, along with a quilting shop, yarn shop, art gallery, Mexican restaurant, and L. May local eatery with outside dining. **Inspire Cafe** in the Millwork District (9th & Washington) offers breakfast, lunch, and a quiet place to hang out in a beautifully restored warehouse. Take a tour of the building and vou'll find Namaste athletic wear, R2 home furnishings, art studios, etc. Charlotte's Coffee House at 1104 White St. (just minutes from race site), serving breakfast and lunch with limited outdoor seating. Jumble Coffee Company has a drive-thru location on the west end of Dubuque at 820 Wacker Plaza. Every HyVee Grocery Store in Dubuque has a Starbucks Coffee located inside the store.

Special Events

Check traveldubuque.com and dubuque365.com for listings. The **Dubuque Area Farmer's**Market is held on Saturday from 7:00am-12:00 noon at 11th and Main St. (Free parking is available in the Dubuque Bank & Trust Parking Lot at 1398 Central Ave.) It's a great place to eat breakfast, get coffee, and buy Fencel's Sweet Corn (get there early)! 2017 marks the 172nd year for Iowa's oldest farmer's market.

Earl Brimeyer adds that there is a hot rod type car gathering called **Graffiti Night**, in downtown East Dubuque on Thursday night.

Happy Travels!

Enjoy your visit!



Largest Stocking Stellar Dealer in the Southeast!!!



Membership Application Form

Or Join on-line at www.uscanoe.com

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BUILDER PROFILE: JUDE TURCZYNSKI & HUKI BY STEVEN HORNEY

Jude Turczynski "flying the ama" on a Huki OC1.

CN: Jude Turczynski – It's a pleasure to talk to you and find out more about you and the company you've created. Huki is well known in the surf ski and outrigger canoe worlds for fast, wellmade, almost fully custom boats. What initially fueled your interest in paddling and boats?

Jude: I had some recreational paddling experience as a young man. I was raised in the outdoors hunting, fishing, and travelling by canoe, so an interest in paddling came naturally. I was also close to some native American families in the Pacific Northwest of Canada and Alaska, who boosted my interest in paddling. My start in paddle sports came at the age of 28 when I joined an outrigger canoe club for fun, recreation, and

occasional racing. My interest in OC6 paddling soon turned to racing and I got hooked into it. I was captaining and steering crews almost immediately. Within a few years I captained a crew that finished 6th at the World Sprint Championship. Within several years I had become a Northern California OC1 Sprint Champion in the Open Division 4 or 5 times, and eventually a Northern California OC1 Sprint Champion in the Masters Division 6 times. I had also been a Northern California long distance champion 4 or 5 times. That was with a home-made OC1. I had been captaining OC6 at the same time. It was all local Northern California racing.

CN: How did your paddling interest springboard into a boat building company?

Jude: In 1989 I built a 26 ft. long racing OC2 out of balsa wood strips. I actually raced it as a 1-man canoe for several races; then I displayed it at the World Sprint Championships in 1990. The Tahitians said they had never seen a 2-man outrigger canoe meant strictly for racing. It gave them some new ideas for their boats, and I got the new idea that a hobby of mine could be turned into a business. I developed an ama for OC6's in 1997 that quickly became very popular as a "hotrod" upgrade for existing canoes. In 1998 I started developing an OC1 and by 2000 I was producing OC1s commercially. The OC6

ama I did completely by intuition and common sense. My training is actually in maintaining heavy electrical equipment. I had some guidance from a sailboat manufacturer (Jerry Montgomery) on how to develop molds. I then hired Jerry to help me design the hull for my first OC1 (the V1-A). Jerry had formal training in sailboat design and hull design, and having just retired from sailboat production he was just beginning had to get creative with the model I don't know of another company numbers. The boats became really popular very fast. The V1-A was winning lots of sprints and the V2A was winning all the doubles long distance races all over California. Then it started spreading east.

On December 31st of 1999 I shut down my heavy equipment electrical shop and Jan 1st of 2000 I started Huki, naming my boat business after the Hawaiian word that manufacturers both surf skis and outrigger canoes. By 2008 we added our first SUP, sort of rounding out the business.

CN: I know that Huki builds all of its boats in the USA. How do you manage to stay competitive?

Jude: I've always taken a lot of pride in the fact that we're manufacturing all of it here (in the USA), even working within the environmental restrictions in CA.



to get bored. My composites experience has been on the job with Jerry as a guide, along with tips from other manufacturers and a lot of experimentation. I'm essentially self-taught. Jerry and I worked together on the V1A - he did the hull and I did the deck and the cockpit. I designed the assembly and production method. Soon after the V1A came the V2A - our first two man outrigger canoe. Then came the V1-B. Then I

for "pull". Hawaiian racers shout "Huki!" at the start of an outrigger canoe race. It seemed like a good name for an outrigger canoe business!

In 2002 I started building surf skis, and by 2006 I was manufacturing quite a wide variety of surf skis and outrigger canoes. I think we offered the largest selection of surf skis and outrigger canoes at that time in the world. Even now

They're unbelievably tight to deal with but we manage to do it. Huki is noted for awesome custom paint jobs and customization. I had to figure out how to compete with the low-cost mass production of the overseas companies, so I offered a completely and utterly customizable product. I had to develop internet abilities of my own and hire internet-tech savvy people to produce a web site that made customizing very

easy, but that work paid off in a very easy to use web site for customers creating their own custom outrigger canoes and surf skis.

We have an outrigger canoe shape that specialized in lighter conditions and an OC1 that specializes in much rougher conditions. We have a whole quiver of surf skis that specialize in conditions, body weight, and ability. Each boat is customizable in terms of where they can place

customizable for ruggedness, weight, lightness, durability, etc. Most people use my design tool for several hours drawing different boats, and then they often just record distance by Robyn Betell me their favorite color and ask me to send them some drawings.

CN: Huki has been noted as an innovator in the paddling world. What are some of the more creative things you've designed along the way?

now the Gull Wing has been used to win the MR 340 along with a lot of notable Midwest races. It was used to set a 24 hour world nincasa. Carter Johnson has used the Gull Wing on a Huki double surf ski to set a course record for the Water Tribe Everglades Challenge. As a side note, Carter Johnson set several world records using the Huki S1-X Special and the S1-Z.



bungees, stow hatches, handles, eye holds (for locking, leashing, and tie-downs). We offer more than several different kinds of rudders that interchange on any one of our boats without any tools in just seconds. And each of these rudders changes the performance of the boat to optimize the boat for different conditions and types of rivers, lakes, and ocean. The steering system response is adjustable across all my boats. And then there are the paint jobs... Construction is completely

Jude: One unique item is the stabilizing Gull Wing. Around 2000 my soon-to-be-wife suggested I create a surfboard that could be paddled, something like a wind surf board that could be paddled with a long paddle. I thought it would never go over... In 2008 she told me "You need to make something for someone like me that would allow me to paddle a surf ski without falling off." After thinking about it a bit I came up with the Gull Wing for fear I would miss another trend. And

I put a surf ski cockpit into very narrow hull - maybe 16 inches wide at the most-and created the S1-Z. It's a mighty fast flat-water surf ski. Carter Johnson has used it in seas up to 4 feet. It was my attempt to create the fastest ski I could. It turned out to be slightly more stable than a full racing K1. Other manufacturers starting making something similar right after me.

The driving force in the development of the succeeding boat mod-

els was the advance in talent in the paddling world; they started teaching each other methods for connecting waves. This produced a need for the boat to perform differently. It really drove the shapes and development. As surf ski and outrigger paddling became more and more popular, more and more people were venturing into conditions that were frightening, and they were figuring out how to go really fast. Top surf ski paddlers were charging the waves in front of them trying to get past the wave in front of them. They were developing a huge amount of stamina and a terrible desire to get one wave

ahead of their challenger. I had to redesign the surf skis to perform for these superaggressive paddlers. Hence the redesign of the noses, etc.

My first outrigger canoes were designed entirely from intuition and mathematical hand calculations (and experience). My first few surf skis were aided with computer aided design (CAD).

Then we started fine-tuning those CN: What does the future hold for designs by intuition and experience. Now they're being done by experiencing and testing the shapes. We just "take 'em out and try 'em out." There's nothing like the real waves and a real person and real water.

I mounted the gull wing to an outrigger hull and called it a oneman dragon boat. But it didn't catch on real well because it required a bit of paddling talent to stay up on. Easy for most outrigger paddlers but it could be a bit challenging for those without the same stability skills.

Huki? And do you build all of the boats yourself?

Jude: For the future we're working on some new designs in the outriggers and developing some new accessories for paddle sports.

I have a crew that does most of the building. I do most of the running around and directing and tinkering with ideas.

CN: Thank you for your time. Huki has been a fascinating company to watch and your boats have a great reputation. It's been great getting to know a little more about you and such an innovative paddling company!



Jude standing with some of his company's outriggers and surf skis. See www.huki.com for the full line of Huki outriggers, surf skis, and SUP's.







2017 USCA National Canoe & Kayak Championships

August 9-13, 2017

Mississippi River Dubuque, Iowa

Dubuque Dragonboat Association and Dubuque Water Sports Club

For more information go to nmc2017.uscanoe.org

2017 USCA NATIONAL CANOE & KAYAK CHAMPIONSHIPS Dubuque, Iowa

Race Schedule

Wednesday, August 9, 2017

Registration Open - Canoe Orienteering Event

Thursday, August 10, 2017

Youth Sprint Races and Youth Marathon Adult/Youth Sprints Sprint Championships for Physical Disabilities (No adult only sprints)

Friday, August 11, 2017

Long Course (13.5 miles)

- K1 Sea Kayak Woman Open, Master (40+), Senior (50+), Veteran 1 (60+), Veteran 2 (65+), Grand Veteran 1 (70+), Grand Veteran 2 (75+)
- K1 Sea Kayak Man Open, Master (40+), Senior (50+), Veteran 1 (60+), Veteran 2 (65+), Grand Veteran 1 (70+), Grand Veteran 2 (75+)
- C2 Standard Mixed
- C2 Mixed Open, Mixed Master (40+), Mixed Senior (50+), Mixed Veteran (60+)
- C2 Man (18+)/Junior (15-17)
- C2 Woman (18+)/Junior (15-17)
- K2 Unlimited Mixed (Trial Event)

Short Course (5.5 miles)

- C2 Mixed Junior (<18)
- C2 Man (18+) / Youth (5-14)
- C2 Woman (18+) / Youth (5-14)

Saturday, August 12, 2017

Long Course (13.5 miles)

- C2 Standard Men Open, Master
- CI Woman Open, Master, Senior, Veteran 1, Veteran 2, Grand Veteran 1, Grand Veteran 2
- C1 Stock Woman Open
- OC1 Man
- K1 Unlimited Woman Open, Master, Senior, Veteran 1, Veteran 2, Grand Veteran 1, Grand Veteran 2
- C2 Men Open, Master, Senior, Veteran 1, Veteran 2, Grand Veteran 1, Grand Veteran 2
- K1 ICF Woman Open, Master
- K1 ICF Man Open, Master
- K2 Unlimited Men

Short Course (5.5 miles)

- C1 Woman Junior (<18)
- K1 Woman Junior (<18)
- C2 Men Junior (<18)
- C4 Unlimited (Trial Event) Afternoon Start. Time to be posted.

Sunday, August 13, 2017

Long Course (13.5 miles)

- C2 Standard Women Open, Master
- C2 Women Open, Master, Senior, Veteran 1, Veteran 2, Grand Veteran, Grand Veteran 2
- K1 Unlimited Man Open, Master, Senior, Veteran 1, Veteran 2, Grand Veteran 1, Grand Veteran 2
- C1 Man Open, Master, Senior, Veteran 1, Veteran 2, Grand Veteran 1, Grand Veteran 2
- C1 Stock Man Open
- OCI Woman
- K2 Unlimited Women

Short Course (5.5 miles)

- C2 Women Junior (<18)
- K1 Man Junior (<18)
- C1 Man Junior (<18)
- SUP Unlimited Woman
- SUP Unlimited Man

2017 USCA National Canoe & Kayak Championships Important Information

Please Read Carefully

*** 2017 USCA membership required for all USCA championship and trial events

Send USCA membership application, on or before July 27, 2017, to:

Harold Theiss, Membership Chair 12802 Lake Jovita Blvd. Dade City, FL 33525

Join on-line at www.uscanoe.com by July 27, 2017, or you may join on-site. Proof of membership is required for event registration.

*** Pre-register for races by mail on or before July 15, 2017

Send the registration forms with personal check payable to USCA Marathon Nationals, addressed to:

Earl Brimeyer 2595 Rhomberg Ave. Dubuque, Iowa 52001 (563) 583-6345

<u>No day-of-event registration</u>. All races require pre-registration no later than 5 pm on the prior day, with the exception of the Wednesday orienteering event and all Thursday Sprint events. We highly encourage Youth to register by 5 pm, Wednesday.

Each participant must fill out a participant registration form and complete a Waiver/Release of Liability form and submit along with your registration form(s) for the different event(s) entered. Transfer the fees from each page to the Total Fees Form on the Participant Registration Form. The Waivers must be completed at the race site Race HQ.

The following age groups will apply for all the classes except those that are stated otherwise:

Adult Age Groups as of race day		Youth/Junior Age Groups as of 1/1/2017				
18-39	Men/Women (open)	5-7	Youth			
40-49	Master	8-10	Youth			
50-59	Senior	11-12	Youth			
60-64	Veteran 1	13-14	Youth			
65-69	Veteran 2	15-17	Junior			
70-74	Grand Veteran 1	Adult/Yo	uth - Adult must be 18+ on race day; Youth must			
75-79	Grand Veteran 2		be 5 to 14 years of age on 1/1/2017			
80+	Grand Master Veteran	Adult/Jr.	 Adult must be 18+ on race day. Jr. must be 15-17 years of age on 1/1/2017 			

Note: In tandem events (C2 or K2), the team's age group is determined by the younger of the two paddlers in adult classes. In youth classes, the team's age group is determined by the older of the two paddlers.

IMPORTANT: Paddlers may elect to "paddle down" (choose a younger age class) to any class in the adult races. Winners will be awarded only in the class in which they register to compete. No duplication of awards except for Special Age Recognition Awards listed on the next page.

Trial Events: *Trials*, which require USCA membership, are official USCA non-championship races to test if number of entrants warrant future championship status. Host events are additional non USCA events. If you are racing only in a non USCA event, then USCA membership is not required. Joining the USCA is welcomed and encouraged, as there are other benefits beyond championship participation, such as receiving USCA's *Canoe News* magazine.

Remember: All Canoes and Kayaks must be jigged prior to Marathon events. A 2017 sticker is required to be eligible to race. Watch bulletin board at Race HQ for jigging times and location. In the marathon events, the top 5 finishing boats in all age groups must go immediately to the jigging area, and be measured or face disqualification. This is done before the awards presentation ceremony begins to make sure all boats are legal.

Medals:

All Adult USCA classes: 3 medals deep

All Junior (15-17), Adult/Youth (5-14), and Adult/Jr. (15-17) classes: 5 deep for sprints and 6 deep for marathon

A special medal will be awarded to each SUP marathon participant

Trial events: 3 medals deep

Special Age Recognition Awards for USCA Marathon Events awarded to the first in the following:

- 1. C2 Women, 24 and under team 6. K2 Men and Women, 40-49, 50-59 60-69 team
- . C1 Women, 24 and under 7. K1 ICF Man and Woman, 50-59, 60-69
- 3. C2 Mixed, 24 and under team 8. First 70+ team or individual in any event without a Grand Veteran Class
- . C2 Men, 24 and under team 9. First 80+ team or individual in any event without a Grand Master Veteran (octogenarian) class

To be awarded to the first three and partner in the following:

- 1. C2 Man/Youth (5-14) & C2 Woman/Youth (5-14): 5-7, 8-10, 11-12 and 13-14 (age groups).
- 2. C2 Man/Junior (15-17) & C2 Woman/Junior (15-17): Award to first three Junior women (15-17)

Barton Youth Award: The USCA offers the Barton Youth Award to encourage youth participation in solo kayak (K1) or solo canoe (C1). Participation is open to all paddlers ages 9-17. The award goes to the fastest female and fastest male in K1 and C1. The winners will each receive a new paddle.

Traveling Trophies: Traveling Trophies should be delivered to a USCA official for check-in at Race Headquarters. Trophies will be securely stored until distribution

Special Events

Friday Pasta Dinner: August 11, 2017 from 5pm to 7pm at Eagle Point Park, Riverfront Pavilion, 2601 Shiras Ave., Dubuque, IA. The cost is \$12.00 ages 17 and over; \$6.00 ages 5-16; kids under age 5 eat for free.

USCA Semiannual Meeting: Friday, August 11, 2017 at 7pm at Eagle Point Park, Riverfront Pavilion following the pasta dinner. All USCA members are invited to attend.

Safety Information

Note: Failure to observe the following safety requirements will result in a disqualification in that event or a time penalty may be assessed to the violators' finish time as determined by the Competition Chair.

Safety Rules: Attendance at pre-race meetings is mandatory. A US Coast Guard approved PFD must be in the possession of each contestant, and properly worn if wearing it is required in accordance with the PFDs Owner's Manual and what is stated on the label attached to the PFD (if there is not a manufacturer's instruction label on the PFD then the PFD is not US Coast Guard approved). If there are any questions pertaining to PFDs consult with the Nationals Coordinator or Competition Chair BEFORE YOU ARE ON THE START LINE. A sound producing device, a pealess whistle, must be in each boat, easily accessible. A US Coast Guard approved PFD must be worn by all non-swimmers and by persons ages 5 through 14 at all times on the water, and by all contestants in Youth (13-14) and younger classes. Inflatable PFDs shall NOT be worn by non-swimmers and by all persons under the age of 16.

Lightening Safety: Before a race has started, if thunder is heard and/or lightning is seen, or a lightning detector indicates an approaching thunderstorm, the racers, race helpers, and spectators shall take proper shelter and wait at least 30 minutes after hearing the last thunder. Once a race has started, if lightning is seen, you count the time until you hear thunder. If this time is 30 seconds (6 miles) or less, or if you do not see the lightning, but hear loud thunder; get off the water immediately and seek proper shelter. The race is considered officially stopped at that moment in time. This is a weather emergency and race clocks will be stopped. The order of the paddlers on the race course at that instance will be considered their placement in the finishing order, based upon discussion with the racers and race officials at the finishing area. Thirty minutes after hearing the last thunder the racers may proceed down the race course. Detailed information will be provided at the pre-race meeting.

2017 USCA National Canoe & Kayak Championships Schedule of Events

Race Starts: In the Schedule of Events for the marathon races, the start time for the first race in the sequence of events is 8:30am. *Please note the earlier starting time*. The remaining heats will follow about every 10 minutes. Number of race entries may require some classes to be split into separate heats. Specific heats will be announced and posted. The USCA race starter is in control.

Race HQ Location:

Wed., Aug. 9 & Thur., Aug. 10: The Dubuque Water Sports Club Pavilion (off Ski Club Rd. just northwest of Houlihan's Restaurant, 1801 Greyhound Park Rd., Chaplain Schmitt Island (aka City Island).

<u>Fri., Aug. 11 – Sun., Aug. 13</u>: Miller Riverview Park riverfront (Riverview Park Rd.), Chaplain Schmitt Island (aka) City Island.

Wednesday, August 9, 2017

Check In: 9:00 am - 5:00 pm. Pre-registered and on-site entrants may check in at Race HQ.

Race Registration / USCA Memberships

- On-site registration accepted for all Thursday through Sunday events.
- It is recommended that anyone planning to participate in the Sprints on Thursday register today to facilitate scheduling and boat jigging.
- USCA membership verification / new memberships accepted. USCA membership required for all Championship and Trial Events.
- All entrants must sign a Waiver/Release of Liability form at check-in.

<u>Boat Jigging Available</u> at Dubuque Water Sports Club Pavilion on Wednesday afternoon. (See bulletin board at Race HQ for times.)

10:00 am - Canoe & Kayak Eco-Orienteering Event Start for C2, Kayak and SUP*:

Note: This event will start from the Dubuque Water Sports Club.

* Participants can subtract 30 seconds off their elapsed time for each piece of trash they pick up while paddling the course; expect mud, plan accordingly, gloves & trash bags will be available free. Special door prizes and awards for all who participate. Donations accepted. Must sign Waiver/Release of Liability form. This event is designed to clean-up the river course, acquaint local and national paddlers with the course in a fun way and raise money for the I Mississippi River Protection fund. USCA membership is not required, but is welcomed!

Thursday, August 10, 2017

Youth Sprint and Youth Marathon Championships Paddlers with Physical Disabilities Championships

Event Location: These events will be held in Peosta Channel at the Dubuque Water Sports Club. **Race HQ** will be located at the Dubuque Water Sports Club Pavilion today and Friday. (Just off Ski Club Rd. just northwest of Houlihan's Restaurant, 1801 Greyhound Park Rd., Chaplain Schmitt Island (aka City Island) - SIGNS will be posted.

7:30 am – 9:00 am – Check-in, registration and membership for Youth Sprint, Youth Marathon and Paddlers with Physical Disabilities Championship Events at Dubuque Water Sports Club Pavilion - Race HQ for Thursday's events. (Pre-registration at Race HQ on Wed., Aug. 9, is encouraged and recommended.)

9:30 am - National Anthem - MANDATORY pre-race meeting at Race HQ 10:00 am - Racing Begins

Awards will be at Dubuque Water Sports Club Pavilion as soon as possible after the races.

A paddler may enter one of each of C1, C2, C2 Mixed, K1 and SUP for a total of five (5) events.

7 Cl Vouth (11.12)

USCA Youth Sprint Championship Events

250 Meters

C1 Vouth (5.7)

1	C1 10uth (3-7)	4	K1 10uul (11-12)	1	C1 10uul (11-12)
2	C2 Youth (11-12)	5	C2 Youth (5-7)	8	C2 Youth (8-10)
3	C1 Youth (8-10)	6	K1 Youth (8-10)	9	K1 Youth (5-7)
500	Meters				
1	C1 Girl Youth (13-14)	6	K1 Woman Jr (15-17)	11	C1 Man Junior (15-17)
2	K1 Man Junior (15-17)	7	C2 Men Junior (15-17)	12	C2 Girls Youth (13-14)
3	C2 Women Junior (15-17)	8	C1 Woman Junior (15-17)	13	C2 Mixed Open (5-17)
4	K1 Girl Youth (13-14)	9	C2 Boys Youth (13-14)	14	SUP Unlimited Man (5-17)
5	C1 Boy Youth (13-14)	10	K1 Boy Youth (13-14)	15	SUP Unlimited Woman (5-17)

4 K1 Vouth (11, 12)

Effective in 2010: In Youth (5-7), Youth (8-10) and Youth (11-12) events, any boat may be used. The sole requirement is that the boat is propelled by a USCA-legal canoe paddle in canoe events and a USCA-legal kayak paddle in kayak events. Rudders, outriggers and multi-hull designs are allowed.

Adult/Youth Sprint Championship Events and Paddlers with Physical Disabilities Championship Events

Adult paddlers in the Adult/Youth Sprints must be 18+ years of age as of race day. Adults may paddle in more than one age group of Adult/Youth events.

500 Meters

1	C2 Man/Youth (5-7);	C2 Woman/Y outh (5-7)
2	K1 Paddler w/a Physical Disability Woman;	V1 Paddler w/a Physical Disability Man
3	C2 Man/Youth (8-10);	C2 Woman/Youth (8-10)
4	C2 Man/Youth (11-12);	C2 Woman/Youth (11-12)
5	K1 Paddler w/a Physical Disability Man;	V1 Paddler w/a Physical Disability Woman
6	C2 Man/Youth (13-14);	C2 Woman/Youth (13-14)
7	C2 Man/Junior (15-17);	C2 Woman/Junior (15-17

Thursday, August 10, 2017 (continued)

If heats are required, the winner from each heat is guaranteed to advance to the final round. Balance of remaining positions in the final round will be based upon fastest heat times of remaining boats, with a maximum of 12 boats in the final round. If there are 2 heats, two winners advance, plus next 10 fastest times. Any blatant obstruction of other competitors may result in disqualification of the offending boat. In the event of severe, inclement weather or circumstances beyond the control of the event organizer, the decision to cancel, postpone or delay will be decided by the following committees. Event Organizer (host), Sprint Chair(s), Competition Chair, Safety Chair and USCA President. If the decision is made to cancel the event, awards will be given on fastest heat times to all completed classes.

Youth C1 and K1 Marathon Championships for 5-12 Year Olds: Age groups: C1 (5-7), K1 (5-7), C1 (8-10), K1 (8-10), C1 (11-12), and K1 (11-12). Course will be announced and posted. Start time is tentatively at 2:00 pm. - Check bulletin board at Race HQ to confirm time.

<u>Jigging</u>: Available at the conclusion of the youth sprints until 5:00 pm – at the Dubuque Water Sports Club Pavilion.

<u>Registration</u>: 1:00 pm – 5:00 pm – <u>Check-in and Registration</u> available for all Friday through Sunday events at Race HQ - Dubuque Sports Club Pavilion. USCA Membership must be verified. New Memberships accepted. Waiver/Release of Liability form must be signed. Pre-registered entrants may pick up T-shirts and swag bags. Must be registered by 5:00 pm on Thursday to compete in Friday events.

Friday, August 11, 2017 (Marathon Day 1)

Note: Marathon Day 1, Day 2 and Day 3 events will be held on the Mississippi River at Miller Riverview Park on Chaplain Schmitt Island (aka) City Island. Race HQ will be located at the Riverview Park riverfront, Riverview Park Rd. (East side of Chaplain Schmitt Island (aka City Island) - SIGNS will be posted.

7:00 am – 8:00 am – <u>Boat Number Pick-up</u> – Miller Riverview Park at Race HQ 8:00 am – National Anthem – MANDATORY pre-race meeting at Race HQ 8:30 am – USCA Championship Races Begin

USCA MARATHON EVENTS

K1 Sea Kayak Woman Open, Master (40+), Senior (50+), Veteran 1 (60+), Veteran 2 (65+), Grand Veteran 1 (70+), Grand Veteran 2 (75+)

K1 Sea Kayak Man Open, Master (40+), Senior (50+), Veteran 1 (60+), Veteran 2 (65+), Grand Veteran 1 (70+), Grand Veteran 2 (75+)

- C2 Standard Mixed
- C2 Mixed Open, Mixed Master (40+), Mixed Senior (50+), Mixed Veteran (60+)
- C2 Man (18+)/Junior (15-17)
- C2 Woman (18+)/Junior (15-17)
- K2 Unlimited Mixed (Trial Event)

USCA SHORT COURSE EVENTS

- C2 Mixed Junior (<18)
- C2 Man (18+) / Youth (5-14)
- C2 Woman (18+) / Youth (5-14)

Friday, August 12, 2017 (continued)

Post-Race Jigging: Top 5 boats in each age group MUST go immediately to jigging, and be measured or face disqualification. Additional jigging for weekend and marathon events will be available prior to awards ceremony.

Awards: The awards ceremony will be held at Miller Riverview Park Race HQ as soon as possible after races.

<u>Registration</u>: 3:00 pm – 4:30 pm for all Saturday and Sunday events at Race HQ - Miller Riverview Park. <u>All</u> pre-registered and on-site entrants must check-in. Must be registered by 4:30 pm for Saturday's events. USCA membership must be verified. New memberships accepted. Waiver/Release of Liability form must be signed. Pre-registered entrants may pick up T-shirts and swag bags.

<u>Pasta Dinner</u>: 5:00 pm - to 7:00 pm at Eagle Point Park, Riverfront Pavilion, 2601 Shiras Ave., Dubuque IA 52001.

Dinner Fees: \$12 for Adults 17+; \$6 for youth ages 5-17; free for children under age 5. Payment in advance is encouraged, or may be made upon arriving for dinner.

<u>USCA Semiannual Meeting</u>: 7:00 pm following Pasta Dinner at Eagle Point Park, Riverfront Pavilion. All USCA members are encouraged to attend.

Saturday, August 12, 2017 (Marathon Day 2 Events)

7:00 am - 8:00 am - <u>Boat Number Pick-up</u> - Miller Riverview Park at Race HQ 8:00 am - National Anthem - MANDATORY pre-race meeting at Race HQ 8:30 am - USCA Championship Races Begin

USCA MARATHON EVENTS

C2 Standard Men Open (18+), Master (40+)

C1 Woman Open (18+), Master (40+), Senior (50+), Veteran 1 (60+), Veteran 2 (65+), Grand Veteran 1 (70+), Grand Veteran 2 (75+)

C1 Stock Woman Open

OC1 Man

K1 Unlimited Woman Open (18+), Master (40+), Senior (50+), Veteran 1 (60+), Veteran 2 (65+), Grand Veteran 1 (70+), Grand Veteran 2 (75+)

C2 Men Open (18+), Master (40+), Senior (50+), Veteran 1 (60+), Veteran 2 (65+), Grand Veteran 1 (70+), Grand Veteran 2 (75+)

K1 ICF Woman Open (18+), Master (40+)

K1 ICF Man Open (18+), Master (40+)

K2 Unlimited Men

USCA SHORT COURSE EVENTS

C1 Woman Junior (<18)

K1 Woman Junior (<18)

C2 Men Junior (<18)

C4 Unlimited (Trial Event) - Afternoon Start. Time to be posted.

Saturday, August 12, 2017 (continued)

Post-Race Jigging: Top 5 boats in each age group MUST go immediately to jigging, and be measured or face disqualification. Additional jigging for Sunday marathon events will be available prior to awards ceremony.

Awards: The awards ceremony will be held at Race HQ as soon as possible after races.

Registration: 3:00 – 5:00 pm. On-site pre-registrations for all Sunday events at Race HQ. Must be registered by 5:00 pm to compete. USCA membership must be verified. New memberships accepted. Waiver/Release of Liability form must be signed. Pre-registered entrants may pick up T-shirts and swag bags.

Sunday, August 13, 2017 (Marathon Day 3)

7:00 am - 8:00 am - Boat Number Pick-up - Miller Riverview Park at Race HQ

8:00 am - National Anthem - MANDATORY pre-race meeting at Race HQ

8:30 am - USCA Championship Races Begin

USCA MARATHON EVENTS

- C2 Standard Women Open (18+), Master (40+)
- C2 Women Open (18+), Master (40+), Senior (50+), Veteran 1 (60+), Veteran 2 (65+), Grand Veteran 1 (70+), Grand Veteran 2 (75+)
- K1 Unlimited Man Open (18+), Master (40+), Senior (50+), Veteran 1 (60+), Veteran 2 (65+), Grand Veteran 1 (70+), Grand Veteran 2 (75+)
- C1 Man Open (18+), Master (40+), Senior (50+), Veteran 1 (60+), Veteran 2 (65+), Grand Veteran 1 (70+), Grand Veteran 2 (75+)
- C1 Man Stock Open
- OC1 Woman
- K2 Unlimited Women

USCA SHORT COURSE EVENTS

C2 Women Junior (<18)

K1 Man Junior (<18)

C1 Man Junior (<18)

SUP Unlimited Woman

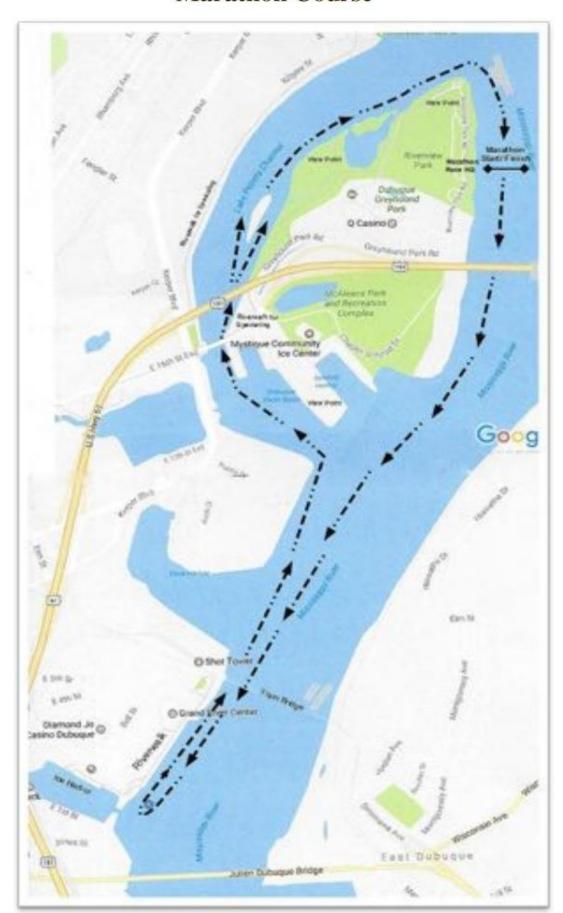
SUP Unlimited Man

<u>Post-Race Jigging</u>: Top 5 boats in each age group MUST go immediately to jigging, and be measured or face disqualification.

Awards at Race HQ as soon as possible after the races finish and winning 5 boats are jigged in each age group.

NOTE: Special Age Recognition medals will be awarded in the OC1 M and OC1 W championships in 2017 for the following age groups: Award to first 40-49, 50-59, 60-69, 70+.

2017 USCA Nationals Marathon Course





2017 USCA Nationals Phone QR Code

2017 USCA National Canoe & Kayak Championships

Dubuque, IA - Wednesday - Sunday, August 9-13, 2017

Participant Registration Form

To Pre-register for races by mail: Send the registration forms to: Earl Brimeyer 2595 Rhomberg Ave Dubuque, lowa 52001 with personal check payable to USCA Marathon Nationals on or before July 15,2017. For further information please go to dubuquewsc.com. Any changes to pre registrations must be done by 5 p.m. on the prior day at race headquarters. No day-of-event registration except for Thursday's Sprint event the prior day. Wednesday registration for the youth sprints is h			trations must be dquarters. ursday's Sprint events	memberships taken except for Youth sprints. Please plan accordingly. nts. All other events require pre-registration no later than 5 p.m. on			
	Registration Form <u>Please fill out o</u> Print Legibly (Mail with Check or r						
		-8		,			
2	Last Name		First Name		USCAM (2017 or applied for)		
	Home Phone		Cell Phone		DOB (mm/dd/yyyy)		
2	Address	8	7 W				
1	City	-	State	Zip	Country		
7	Email Address						
	Emergency Contact	9	Phone	Relationship			
	AGE: Adults as of race day, Youth a			7 nteed to first 300 marathon entra	ınts		
	Adult Marathon		\$30.00 per paddler e \$40.00 per paddler a	arly registration (must be received by Jul fter July 15, 2017 or on site r each additional race			
Youth (5-14) Marathon			\$5.00 per paddler for first race; \$5.00 for each additional race				
Junior (15-17) Marathon			\$10.00 per paddler for first race; \$5.00 for each additional race				
Sprint Championships for paddlers with Physical Disabilities (Thursday)			\$10.00 per paddler for first race; \$5.00 for each additional race				
			\$5.00 per paddler for up to 5 events				
L	Adult/Youth Sprints (Thursday)	20 300		dler; NO charge for the adult			
	Please transfer all fees from all fo	1	The contract was a second		C 90-22-5-19-0-1-0-0-2-0-0-		
Day 1 Wednesday \$				ze S M L XL	Official Use Only		
Day 2 Thursday \$			Blue	Red Check preferred color			
	Day 3 Friday	\$		abb manda for all of 5 - 1 - 20 - 20 - 1			
Day 4 Saturday \$				ght meeting/meal at Eagle Pt. Park	90.00		
	Day 5 Sunday	\$	Pasta me	eal: Adult \$12 Jr \$6	Date Received		
	Total						

Last Name	First Name	Age	State	Fees this page \$

Wednesday, August 9, 2017 Canoe & Kayak Eco-Orienteering Event*

		Partner – Last name, First Name	Age	State
	C2			
	Kayak		 100	<u>*</u>
= 3	SUP			

It is recommended that anyone planning to participate in the Sprints on Thursday should register on Wednesday to facilitate scheduling and jigging.

Registration available all day west side of City Island at Watersport Club 8:00 AM till 5:PM.

Pre event Jigging of canoes and kayaks will be conducted at Watersport Club on Wednesday and Thursday during sprints.* Location and times of jigging may change with conditions and need. 1 through 5 finishers must be corralled and jigged at finish line.

^{*}Participants can subtract 30 seconds off their elapsed time for each piece of trash they pick up while paddling the course, expect mud, plan accordingly, gloves & trash bags will be available free. Special door prizes and awards for anyone who participates. Donations accepted. Must sign Release form. This event is designed to clean-up the river course, acquaint local and national paddlers with the course in a fun way and raise money for the Mississippi River Protection Fund. USCA membership not required but welcomed!

Last Name	First Name	Age	State	Fees this page \$

Thursday, August 10, 2017 USCA National Canoe & Kayak Youth Sprint Championships

A paddler may enter one each of C1, C2, C2 Mixed, K1, and SUP for a maximum of five (5) Sprint events.

Team's age is determined by the older of the 2 paddlers.

250 Meter Event C1 Youth (5-7) C1 Youth (8-10) C1 Youth (11-12) K1 Youth (5-7) K1 Youth (8-10) K1 Youth (11-12) Partner - Last name, First Name Age on State 1/1/2017 C2 Youth (5-7) C2 Youth (8-10) C2 Youth (11-12) 500 Meter Event C1 Girl Youth (13-14) K1 Woman Jr (15-17) C1 Woman Junior (15-17) C1 Boy Youth (13-14) C1 Man Junior (15-17) K1 Man Jr (15-17) K1 Boy Youth (13-14) SUP Unlimited Man Jr SUP Unlimited Woman Jr K1 Girl Youth (13-14) Partner - Last name, First Name Age on State 1/1/2017 C2 Girls Youth (13-14) C2 Boys Youth(13-14) C2 Women Junior (15-17) C2 Men Junior (15-17)

C2 Mixed Open

Last Name	First Name	Age	State	Fees this page \$

Thursday, August 10, 2017 **USCA National Canoe & Kayak Youth Sprint Championships**

Adult paddlers must be 18+ years of age as of race day. Adults may paddle with more than one age group of

	500 Meter Event		
	Partner – Last name, First Nar	me Age	State
C2 Woman (18+) /Youth (5-7)			
C2 Woman (18+)/Youth (8-10)	<u> </u>	<u></u>	# }
C2 Woman (18+)/Youth (11-12)	Ci.		St
C2 Woman (18+)/Youth (13-14)	19 <u></u>	<u> </u>	**************************************
C2 Woman (18+)/Junior (15-17)	10		<u> </u>
C2Man (18+)/Youth (5-7)	₹ a		10 Table 10
C2Man (18+)/Youth (8-10)	h s	58 - 5	8. 5
C2Man (18+)/Youth (11-12)	8-		® .
C2Man (18+)/Youth (13-14)	£		8) <u>-</u>
C2Man (18+)/Junior (15-17)	<u> </u>		89
	\$0		62
Y	outh Marathon Championsh	nips	
		<u></u>	
The Youth Marathon (3 miles or less) r longer races than a sprint, it	ace is for ages 5-12 in C1 and K1. To will be held after the sprints and be	figura en en fall de la company de la compan	ation in
C1 Youth (5-7)	C1 Youth (8-10)	C1 Youth (11-12)	
K1 Youth (5-7)	K1 Youth (8-10)	K1 Youth (11-12)	

Last Name	First Name	Age	State	Fees this page \$

Thursday, August 10, 2017 USCA National Sprint Championships for Paddlers with Physical Disabilities

-	K1* Paddler with Physical Disability Woman
	K1* Paddler with Physical Disability Man
	V1/OC1** Paddler with Physcial Disability Woman
	V1/OC1** Paddler with Physcial Disability Man

^{*} Any kayak/surfski propelled with a kayak paddle (may have stabilizing floats and may have a rudder)

^{**}Any Va'a/Outrigger Canoe propelled with a canoe paddle (may have stabilizing floats and/or a rudder)

Last Name	First Name	Age	State	Fees this page \$

Friday, August 11, 2017 USCA National Canoe & Kayak Marathon Championships

Teams are determined by the age of the younger paddler.

All adult ages are as of race day. Youth & Junior paddlers are as of January 1, 2017

K1 Sea Kayak Woman	K1 Sea Kayak Man		
K1 Sea Kayak Woman Master (40+)	K1 Sea Kayak Man Master	(40+)	
K1 Sea Kayak Woman Master (40+) K1 Sea Kayak Woman Senior (50+)	K1 Sea Kayak Man Master K1 Sea Kayak Nan Senior (
K1 Sea Kayak Woman Veteran 1 (60+)	K1 Sea Kayak Man Veterar		
K1 Sea Kayak Woman Veteran 2 (65+)	K1 Sea Kayak Man Veterar	1000	
K1 Sea Kayak Woman Grand Veteran 1 (70+)	K1 Sea Kayak Man Grand \	THE RESERVE OF THE PARTY OF THE	
K1 Sea Kayak Woman Grand Veteran 2 (75+)	K1 Sea Kayak Man Grand		
KI Sea Kayak Woman Grand Veteran 2 (751)	KI Sea Kayak Wali Grand	reteran 2 (751)	
Partn	er – Last name, First Name	Age	State
C2 Standard Mixed			
C2 Mixed Open		<u> </u>	<u> </u>
C2 Mixed Master (40+)		8	36
C2 Mixed Senior (50+)	-20	i i	69
C2 Mixed Veteran (60+)		K	10 to
C2 Man (18+)/Junior (15-17)			82
C2 Women (18+)/Junior (15-17)		₹ <u></u>	93
K2 Unlimited Mixed (Trial Event)			1/4
			2
Short Course			
C2 Mixed Junior (<18)			
C2 Man (18+) / Youth (5-14)	78	N N	58
C2 Woman (18+) / Youth (5-14)		(¥ .

Last Name	First Name	Age	State	Fees this page \$
50-00-00-00-00-00-00-00-00-00-00-00-00-0	Angel-Constitution of the Constitution of the	I CONTRACT	-5496445	TO SERVICE OF THE PROPERTY OF

Saturday, August 12, 2017 USCA National Canoe & Kayak Marathon Championships

Teams are determined by the age of the younger paddler.

All adult ages are as of race day. Youth &J unior paddlers are as of January 1, 2017

C1 Woman Open	K1 Unlimited Woman (18+	ì	
C1 Woman Master (40+)	K1 Unlimited Woman Mas	Ž.	
C1 Woman Senior (50+)	K1 Unlimited Woman Seni		
C1 Woman Veteran 1 (60+)	K1 Unlimited Woman Vete	School Section Sec	
C1 Woman Veteran 2 (65+)	K1 Unlimited Woman Vete		
C1 Woman Grand Vet 1 (70+)	K1 Unlimited Woman Gran	10 /50	
C1 Woman Grand Vet 2 (75+)	K1 Unlimited Woman Gran		
C1 Stock Woman Open	OC1 Man		
K1 ICF Woman Open	K1 ICF Man Open		
K1 ICF Woman Master	K1 ICF Man Master		
	Partner – Last name, First Name	Age	State
C2 Standard Men Open	,		
C2 Standard Men Master	-	23 	8
C2 Men Open	3	9 	8
C2 Men Master (40+)	-	8 	-
C2 Men Senior (50+)	-	(A	22
C2 Men Veteran 1 (60+)	7	2	V <u>1</u>
C2 Men Veteran 2 (65+)	-	W	-
C2 Men Grand Vet 1 (70+)	-	<u> </u>	<u> </u>
C2 Men Grand Vet 2 (75+)		8 1 - 3 4	8=
K2 Unlimited Men		83	N
	1 4	¥ 	3
Short Course			
C1 Woman Junior (<18)			
K1 Woman Junior (<18)			
C2 Men Junior (<18)			
C4 Unlimited (Trial Event)	5		1=
Saturday Afternoon		3 7	
	-	S	83

Last Name	First Name	Age	State	Fees this page \$

Sunday, August 13, 2017 USCA National Canoe & Kayak Marathon Championships

Teams are determined by the age of the younger paddler.

All adult ages are as of race day. Youth & Junior paddlers are as of January 1, 2017

[K4 14 E - 2 - 440]	
C1 Man Open K1 Unlimited Man (18+)	
C1 Man Master (40+) K1 Unlimited Man Master (40+)	
C1 Man Senior (50+) K1 Unlimited Man Senior (50+)	
C1 Man Veteran 1 (60+) K1 Unlimited Man Veteran 1 (60+)	
C1 Man Veteran 2 (65+) K1 Unlimited Man Veteran 2 (65+)	
C1 Man Grand Vet 1 (70+) K1 Unlimited Man Grand Vet 1 (70+)	
C1 Man Grand Vet 2 (75+) K1 Unlimited Man Grand Vet 2 (75+)	
C1 Stock Man Open OC1 Woman	
Partner – Last name, First Name Age	State
C2 Standard Women Open	
C2 Standard Women Master	
C2 Women Open	
C2 Women Master (40+)	-
C2 Women Senior (50+)	-
C2 Women Veteran 1 (60+)	
C2 Women Veteran 2 (65+)	
C2 Women Grand Vet 1 (70+)	
C2 Women Grand Vet 2 (75+)	/ 5
K2 Unlimited Women	
Short Course	
Short course	
C2 Women Junior (<18)	
K1 Man Junior (<18)	
C1 Man Junior (<18)	
SUP Unlimited Woman	
SUP Unlimited Man	

USCA 2017

List of Officers, Board of Directors (Delegates), & Committee Chairs

USCA Officers

Executive Committee

President & Chair:

Rebecca Davis

Vice President:

Larry Latta

Secretary:

Joan Theiss

Treasurer:

John Edwards

Executive Director

Vacant

Delegates

Past President

Peter Heed

581 West Street, Keene, NH 03431 603-209-2299 pheed72@gmail.com

Organized State & Regional Divisions

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Lloyd Reeves

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New York Division/USCA Dave Donner

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Larry Liquori

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Phoebe Reese

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+1 Delegate to be named later

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Ken Gerg

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Dale Glover

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Glen Green

312 Duff Ave, Wenonah, NJ 08090 856-468-0036; chairman@swanboat.org

Norm Ludwig

2006 West Side Road, Jersey Shore, PA 17740 (570) 865-6214; ncludwig@kcnet.org

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East South Central Division (AL, KY, MS, TN)

Fred Tuttle

101 Gano Ave. Apt. 1, Georgetown, KY 40324 270-993-3999; doctuttle@hotmail.com

East North Central Division (IL, MI, WI) Roxanne Barton

 $6201\ 23\ 1/2$ Mile Rd , Homer, MI $\ 49245$ 517-568-3702 bartonpigfarm@dmcibb.net

Derek Diget

131 S Berkley St, Kalamazoo, MI 49006 269-343-5150; usca@comp-u-port.net

Lynne Witte

58 Union St, Mt Clemens, MI 48043 586-201-5695; dogpaddler54@gmail.com +1 Delegate to be named later

Theregate to be numed later

Mountain Division (AZ, CO, ID, MT, NM, NV, UT, WY) Lynn Capen

685 Sugarloaf Mountain Rd, Boulder, CO 80302 303-444-0187; lynncapen@gmail.com

New England Division (CT, MA, ME, NH, RI, VT)

Robert Allen

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Dan Baumert

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Tricia Heed

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Karen Pleasant

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Pacific Division (AK, CA, HI, OR, WA) Morgan Brunstrom

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South Atlantic Division

(DC, DE, GA, MD, NC, SC, VA, WV)

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llmcduffie@gmail.com

William McDuffie

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West North Central Division (IA, KS, MN, MO, NE, ND, SD) Earl Brimeyer

2595 Rhomberg Ave, Dubuque, IA 52001-1445 563-583-6345; ebrimeyer@aol.com

Doug Pennington

1735 County Rd 241, Poplar Bluff, MO 63901 573-785-0471; penncanoe@hotmail.com

West South Central Division (AR, LA, OK, TX)

Joy Emshoff

803 Arroweye Trail, Austin, TX 78733-1806 512-626-3471; jle4321@yahoo.com

Bob Spain

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Don Walls

9 Bunker Hill Ln, Russellville, AR 72802 479-280-1319; donwalls2@netzero.com

Non-US Regional Division

+1 Delegate to be named later

Affiliated Club Delegates for 2017

Florida Competition Paddlers Association

Kathy Edwards; St. Petersburg, FL 727-522-3348; ktae17@aol.com

Michigan Canoe Racing Association

Chris Hewitt; Lansing, MI

989-751-4324; hewittc@gmail.com

New England Canoe & Kayak Racing Assn Business Affiliates

Priscilla Reinertsen; Contoocook, NH 603-746-6491; prtsen1@comcast.net

New York Marathon Canoe Racing Assn

Scott Stenberg, Moravia, NY

315-406-4692; owascolake@gmail.com

North Carolina Canoe Racing Association

Steve Rosenau; Mt. Holly, NC 704-483-4130; sar4130@gmail.com

Pennsylvania Assn of Canoeing and

Kayaking Jerry Patton; Port Allegany, PA

814-642-9161

St Charles Canoe Club

Ben Josefik; Dwight, IL

815-584-9694; bjosefik@yahoo.com

Texas Canoe & Kayak Racing Association

Chris Stevenson; Houston, TX

713-320-2408; castevenson@gmail.com

Standing Committees for 2017

Adaptive Paddling – Jan Whitaker

Auditing – Larry Latta

Barton Cup (Sub-ctee, Youth Activities) - Pam

Fitzgerald & Teresa Stout Bylaws Review - Harold Theiss

Camaraderie - Open

Camping/Cruising - Bob Allen Competition - Norm Ludwig

Competition / Dragon Boat - Robert McNamara

Competition / Kayak - Ron Kaiser & Lloyd

Reeves

Competition / Nationals Awards - Barbara

Walls

Competition / Orienteering – Stephen Miller Competition / Outrigger Canoe - Open

Competition / Adult Sprints - John Edwards

Competition / Youth Sprints - Lloyd Reeves

Competition / Standup Paddleboard - Lloyd

Reeves

Competition / Swan Boat - Glen Green

Conservation - Open Education - Lynne Witte Historian - Joan Theiss

Instruction Certification - Open

Insurance Oversight- Joan Theiss & Scott

Stenberg

International - John Edwards

Marketing - Open

Membership – Harold Theiss Merchandise Sales - Open

Nationals Coordinator - Don Walls

Nominating -

Publications - Steven Horney Publicity & PR – Open

Safety - Glen Green

Technical Inspection - Bill Corrigan

USCA Bylaws/Rules/Regulations Review &

Oversight - Joan Theiss

USCA/ICF Grants - Priscilla Reinertsen

Youth Activities - Pam Fitzgerald & Teresa Stout

Webmaster- Larry Latta

Women's Interest - Open

Special Appointments

USCA Marathon Coordinator to USACK Mara-

thon Committee -Kaitlyn McElroy

American Dragon Boat Association

John Miller Dubuque, IA

dboatmny@aol.com

Bike Bug LLC Mike Schneider

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Global Paddlesports

Russell Adams

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Yadkin Riverkeeper, Inc

Terri Pratt

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Club Affiliates

Birch Hill Canoe Club

Charley Brackett Fitzwilliam, NH 603-585-7167

Dayton Canoe Club

Thomas Tweed Dayton, OH

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Dubuque Dragon Boat Association

Earl Brimeyer Dubuque, IA ddba@aol.com

Dubuque Watersport Club

Earl Brimeyer Dubuque, IA ebrimeyer@aol.com

Explore Kentucky Initiative

Gerry James Frankfort, KY gerryseavo@gmail.com

Florida Paddling Trails Association

Debra Akin Gainesville, FL akin7596@aol.com **Freestyle Group**

Charlie Wilson

Saranac Lake, NY

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Friends of the Great Swamp

Laurie Wallace Pawling, NY laurwallv@aol.com

Friends of the Pecatonica River

Foundation

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Island Paddlers 777

David Donner Amherst, NY revdonner@aol.com

Kent Center, Inc. **Karl Perkins**

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Middle Grand River Organization of

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Minnesota Canoe Association

Emily Johnson Minneapolis, MN

membership.mca@gmail.com

Mosquito Lagoon Paddlers

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New England Kayak Fishing

Chris Howie Rockland, MA

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Outrigger Chicago

Kristin Flentve

Lake Bluff, IL kaflentye@yahoo.com

River Advocates of South Central

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River City Paddlers

Peter Rudnick Folsom, CA rudnipe@live.com

Symmes Creek Restoration Committee

Harry Mayenchein Chesapeake, OH

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Texas Outrigger Canoe Club

Kristen Wollard Shoreacres, TX

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Wanda Canoe Club

Betsy Ray New York, NY bray4526@gmail.com

Westfield River Watershed Association

Michael Young Westfield, MA

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USCA NATIONALS CORRECTION

Sunday, 8/14/16 Race Results K-1 Unlimited Woman Senior JoAnn Hanowski's time should read: 2:03:49, not 2:08:49.

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