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From the Editor:

Welcome to the Fall Edition of Canoe News! As the racing season for many is winding down, hopefully the photos we've posted of this year's Nationals will be a good reminder of the excellent competition, camaraderie, and just plain fun we were able to enjoy with our paddle craft this year. The New England NECKRA crew put on an excellent event and they were rewarded with record attendance. Many thanks to Bill Amos Photography, Tony Bond, and Ed Hoffmeister for many of the excellent photos in this issue. Also many thanks to my hard-working wife for putting in many hours to help put this issue together.

Keep paddling strong!

Steve

Cover Photo: Connecticut River downstream bridge and Centerfold both courtesy of BillAmosPhotography.com

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VIEW FROM THE STERN

USCA PRESIDENT PETER HEED

An Exciting And Memorable Nationals!

The smiles on people's faces told the story. Perhaps it was the sight of incredible numbers of racing canoes, kayaks, and SUPs out on the starting lines. Perhaps it was the beautiful Connecticut River Valley near Northfield, Massachusetts. Maybe it was the gorgeous and shaded grounds of the Northfield Environmental and Recreation center, along with the courteous, pleasant, and well-organized race volunteers greeting paddlers and assisting with the registration process. It might have been the "pirate" and "treasure chest of gold" that welcomed all paddlers as they raced around Kidd's Island. Or perhaps racers just enjoyed coming back to New England for several days of paddling, competition, and camaraderie with both new and old friends. Whatever the reasons, one thing was clear. The USCA Nationals were back in a big way, and both racers and families were enjoying the "Nationals Experience."

I think we all realize how important a well run Nationals in an attractive venue is to the USCA. While we as an organization give



Peter Heed going full-gonzo at the USCA Nationals!

support to multi-faceted programs relating to paddle sports in general, our annual summer National Marathon Canoe and Kayak Championship event is the premier showcase for the USCA. Our Nationals also play a significant role in our membership. The competition that takes place is often the highpoint of the race season for many paddlers, particularly young racers and their not-so-young counterpoints in the senior and veteran age groups.

The large and competitive fields, together with a primarily deep water course, resulted in many close and dramatic finishes at this year's Nationals. Spectators were treated to one exciting

finish after another. Many of the closest contests featured some of the best young paddling talent against long-standing champions. Saturday's mixed race was a prime example. Out of the talent-laden 33 boat field, two teams quickly established themselves in the lead - the fabulous young duo from Michigan, Mike and Rebecca Davis, and the more senior team of Calvin Hassel and Gloria Wesley. Age was not a consideration, as these two teams battled it out side by side throughout the course. Neither team could break away, even in the shallows of Kidd's Island. It came down to an epic sprint with Mike and Rebecca taking the

overall win by less than half a boat length! The spectators were thrilled and appreciative of the fine display of racing.

Sometimes the most exciting finishes came in the middle of the pack - those races within races - where pride and effort mean more than a medal. Again, the mixed race provided a prime example of this, when four boats from two different age groups battled ferociously to the line. As the teams of Joe Schlimmer/Phoebe Reese, Doug Howard/Kristen Warner, Zach Theim/Sylvie Nadeau, and Tom Ellsworth/Mary Hamilton approached the finish, it was anybody's race. You could throw a blanket over all four teams! Each team gave their all and put their last ounce of energy into the final sprint. Tom Ellsworth and Mary Hamilton went so hard, that Tom cramped up and they flipped over just after crossing the finish line. The officials needed to consult the finish photo to ultimately decide the order - with only seconds between all four teams. And then so typical of the good sportsmanship displayed by the competitors, the first thing these teams did, beside helping Tom and Mary get back in their boat, was to congratulate one another on a fine race!

The weekend's events were full of such exciting moments - too many to be able to highlight here. Yet there were three memories that stand out vividly. The first is the looks of pride and the

support from the parents of all of our youth competitors during the Youth Sprint events. The future of our sport is there with our youth, and it is just as clear that support and encouragement from parents, other families and friends is crucially important in order to introduce young paddlers to this sport we all love and to help young people to stay involved. If you had an opportunity to see or participate in some of Thursday's youth events, you will know how critical it is for the USCA to continue to support our youth in every possible way.

The second most memorable moment for me also occurred on Thursday, when our para canoe athletes - including several veterans and wounded warriors - raced the sprint course. It is impossible to state how moved and impressed we all were with these inspirational athletes. They gave us all perspective on what is really important in this world, including courage, determination, persistence, and a positive outlook. I also want to particularly recognize Jan Whitaker, whose support, caring, and dedication makes the para canoe/kayak program a reality. Thanks Jan!

The final memory that will stay with me came about on the Friday of Nationals, during the hottest and most humid day of the year in New England! One of the featured races that day was the Men's C-1, with over 100 boats entered. One of those competitors was 94 year old Mike

Fremont from Ohio. Mike was determined to go out on the line and give it his best, despite the heat. Everyone on shore just watched in admiration. Most of us were thinking that we would be fortunate just to be alive at 94, and here Mike was out on the river in his C-1, facing the challenges of the 13 mile course.

Although Mike fell behind early in the course, he kept right on pushing upstream at a steady stroke rate. Many of the C-1 racers had finished by the time we got word from our marine patrol safety boat that Mike had just made the turn at the bridge and was heading down stream. He was already 2 hours on the course, and the heat of the day was intensifying. We began to get concerned when we heard that Mike was starting to suffer from severe cramping. But still he would not quit. By the time Mike got around Kidd's Island and into the last 2 miles, over 4 hours had gone by. Many racers suffered that day from the heat and had to DNF - no shame in that. But Mike refused to give up. People started to gather along the finish area, as Mike could be seen coming downstream, struggling with cramps causing him to lay back in the canoe between strokes. But there was no quit in this man. The applause and cheers built as this great veteran athlete crossed the finish line - an inspiration to young and old alike. Persistence, determination, and love for our sport of canoe racing were on dis-

play for all to appreciate and admire. There was not a dry eye on the riverbank. It was a moment to remember - and to cherish. Thank you, Mike Fremont!

Yes, the 2016 USCA National Marathon Championships proved to be special and worth remembering. My sincere thanks to all who participated, all who supported, and all who volunteered of their time, efforts, and talents to make it a such a success!

See you at next year's Nationals!
More memories await!

Best regards,

Peter



*Mike Fremont receiving
Special Recognition*



94 year old Mike Fremont leaning back to stretch as he crosses the finish line in the Friday C1 races, 4 hours and 42 minutes after the start during intense heat and humidity. An amazing competitor! Photo courtesy of Ed Hoffmeister.

30TH BLACKBURN CHALLENGE

SCOTT STENBERG

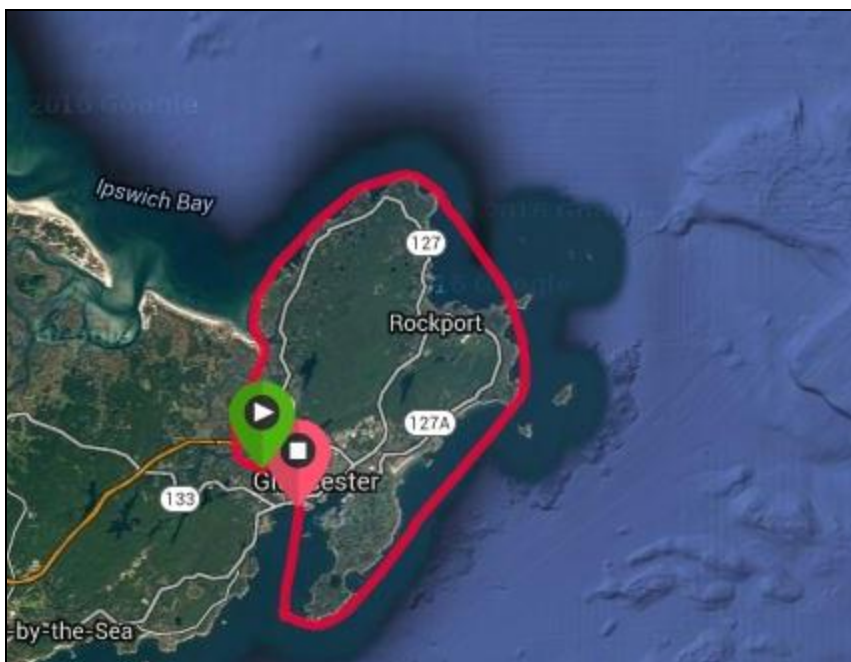
July 16th was the 30th running of the Blackburn Challenge – a 20 mile human powered boat race in Gloucester Massachusetts. The course starts near the Gloucester High School, runs

north up the Annisquam River for a bit more than three miles to the Atlantic Ocean, turns north east, and then clockwise circumnavigates Cape Ann. The last stretch is a two mile straight north shot into the harbor where the race finishes under Gloucester’s famed “Greasy Pole.” This year’s 30th edition featured some of the top rowers and surf ski paddlers from across the

region. The Blackburn allows just about anything that floats to enter from prone paddle boards to whale boats weighing close to a ton. The only requirement: it must be human powered. The weather was gorgeous and it turned out to be a great race.

Blackburn preparations always start several months ahead of the date. It was early May when friends started posting their en-

tries on social media that I started feeling a little peer pressure to join. I considered my previous Blackburn experience racing K2 in a West Side Boat Shop Bullet, which was painfully successful, so it took a little introspection to



The Blackburn Challenge course.

commit to this year’s race. The decision was solidified by my desire to try my new West Side Boat Shop expedition-build EFT Sleek on the Atlantic Ocean. It is relatively heavy for a touring kayak but I thought it would be fun to test it against the other fast sea kayakers in an open ocean race. I entered as a solo paddler in the Fast Sea Kayak class; little did I

know in May that class entry would not hold-up.

Cape Ann, MA is a long ways from Moravia, NY so I had to figure out what accommodations I would need for two nights on

Cape Ann. It is a resort area and hotels are very expensive so I opted for camping. The only campground in the area is the Cape Ann Camp Site so I went online and reserved a site. It was pure serendipity that I reserved in May because the campground proved to very popular and full

of tourists from Canada. I don’t think I would have got a spot if I didn’t reserve early. The early reservation also gave me time to prepare my small pop-up camper for the trip which was stored away in my barn since the 2012 Warren Nationals.

Registration submitted, camper ready, and camp site reserved, I started adding Sleek paddles to

my training regimen. I stuck to the biggest bodies of water near my home (Cayuga Lake and Lake Ontario) so I had a sense of how it would feel to be alone on the open ocean. I was feeling pretty good about how I would do in the fast sea kayak class when I got the bad news. A week before the race, I ran into Roger Gocking (a Blackburn veteran many times over) at the Armond Bassett Canoe Race in Rochester. He informed me that EFTs were no longer considered fast sea kayaks by the Blackburn race committee and that they were re-classified as high performance kayaks. A few days later, I got an email from the Blackburn folks reiterating what Roger said and informing me that I was placed in the High Performance Kayak (HPK) class. A quick check online showed that I was racing my USCA-classed



Scott ready to hit the road for a challenging race!



The WSBS Sleek—ready to rumble!

touring kayak against all the top high performance surf skis from Epic, Fenn, and Stellar paddled by the top ski racers in the land. In addition, at 60 years old, I was also the oldest guy in a race class with no age distinction – so much for competing as a fast sea kayak.

I quickly reminded myself that kayaking is about having fun on the water paddling a kayak. My passion is kayaking not racing so my reclassification wasn't that much of a blow. I race mostly for the camaraderie so I knew I would still have fun seeing many of my old friends and I would make some new friends while on the water. There are many different boats in the Blackburn so I knew there would be many opportunities to chat with people as we paddled, peddled, or rowed through the course. I continued my preparations and looked forward to heading to Gloucester. I

also thought taking some pictures during the race would be fun, too.

Boat ready, gear packed, camper and car loaded, it was Friday, July 15 - time to head to Gloucester. The trip is not fun. It takes six and a half hours to drive to Gloucester from Moravia with clear roads. Traffic tie-ups can drag that to almost eight hours. I got caught in bad traffic around Boston. It took over an hour of crawling on I-95 to get to the Yankee Division Highway for the last stretch to Cape Ann and Gloucester. I arrived at the Cape Ann Campground at just before four in the afternoon – almost eight hours on the road.

I setup camp then went to town for an early supper. I returned and settled in my camper with a good book and rested the remainder of the evening. Check-in for Blackburn is very early in the morning so falling asleep early while reading was not a problem.



Launching at the cove.

Up at five the next morning, I headed to the campground showers to wash up and shave. It was a breakfast of Gatorade, bananas, and bagels then I headed to Gloucester. The campground was only five minutes from the start line, a big plus for staying there, but a quick detour to Dunkin Donuts for a large coffee delayed me an extra 10 minutes before heading to check-in.

Race check-in begins at 6 AM at the Gloucester High School. This year there was a mandatory safety check before you could check-in and get your boat number. That was done by one of a dozen persons walking around the boat staging area in orange vests. Their job was to be sure your boat had a CGA PFD, whistle, spray skirt for kayaks, cell phone or VHS radio, and GPS or chart of the course. They would stamp your hand when satisfied with your gear and that would allow

you past the cafeteria guard to check-in and get your numbers. It seems a little extreme but there were many safety problems during last year's Blackburn where the racers contended with some extreme conditions. The US Coast Guard would not continue to sanction the race and allow it to go forward unless there was a strong effort to improve safety.

The safety briefing began at 7 AM with the recognition that this was the 30th Blackburn and a recognition of all the veterans who had done it many multiple times before. The first race topic was a review of the start order where HPK was listed as the second to last group to start about 45 minutes after the paddle boards in the first group. That was followed by a review of the start and finish procedures, course obstacles, and weather conditions.

The weather was promising a relatively mild Blackburn unlike the gale the paddlers and rowers faced last year. None the less, it is a race on the Atlantic Ocean in a region that is heavy with boat traffic. Do not expect calm water for the Blackburn Challenge. You will be disappointed. Winds were coming out of the west south west early on but shifting to the south west as the race progressed. That meant a headwind for the bottom third of the race. The safety



Lined up at the starting line, waiting their turn to head out.



Out on the open sea!

meeting ended with a round of whoops from the paddlers and rowers then folks headed to their boats.

Folks like me that were late in the start order (second to the last group to go) hung out and chatted or worked on their boats. Early starting groups lined up on the high school boat ramp to get in the water. It was nearly high tide, so the little cove in front of the tennis courts was flooded making it the ideal spot to launch kayaks, surf skis, and OC-1's. I waited 15 minutes for the others to launch, then I headed to the cove to get on the water so I could shoot some pictures .

Once on the water, racers have to go a third of a mile down river to the start line. The start is at the marina just beyond the railroad drawbridge. The trip downriver and waiting in the que can be a bit squirrely for kayaks because the powerboat traffic on the river

does not stop for the race. Every year, a paddler or two will take a swim in the river while waiting because they got hit with a boat wake that they were not prepared to negotiate. My wave was delayed almost 8 minutes this year because a paddler in the previous wave got dumped and time was lost for a two-boat rescue and the sponging out of the boat. I used the extra time on the water to make sure my gear was ready and working and to shoot a couple of pictures.

Once the previous group was started, we were rushed to the start line. The starter made a quick roll-call of the boat numbers and our wave, *high performance kayaks*, was launched. The elite paddlers quickly shot to the front and left me so fast I was not even left in their wake. It's amazing how fast those guys can paddle a carbon fiber V12 or V14 surf ski. I paddled hard until I felt

my chest tighten then eased back into my marathon rhythm. I went about a mile down river then stopped for a moment to take a picture of the racers winding through the course.

For all the urbanization/suburbanization of Cape Ann, the race course is very pretty. The residents of Cape Ann and the people of Massachusetts have made a real effort to preserve the salt marshes, beaches, rocky shoreline, and islands along the course. There are many greenbelts and conservation areas throughout the cape. You cannot help but enjoy the view from the water even while sliding through the waves. I stopped several times along the way to take pictures.

The first part of the race course is a three mile run down the Annisquam River to Ipswich Bay. There the course turns north east and parallels the west shore of the cape for another three to four miles. The light WSW wind here was giving us little bit of a push for a weak downwind ride. I was riding a pace line with two surf skis. That made my ride easy until I'd stop to take a picture then I would have paddle hard to get back on their wake. The west shore ride goes to Halibut Point on the very northern tip of the Cape.

At Halibut Point the course turns south southeast and heads to Straightsmouth Island. That's another three to four mile ride and it's where the course moves more into the open ocean as you cross

the large cove that is Rockport. I was still riding with the skis along this section, but I wasn't drafting. I chatted with a guy who was from Florida and an Everglades Challenge veteran. He seemed as comfortable being a half mile from shore as I was from all my practice. On this section of the course, I was overtaking many of the early starting boats. I was passing the paddleboards, the sliding seat shells, the dories, the whaleboats, and the only canoe entered (a 16 foot long Aluminum Grumman) in the open water heading to Straightsmouth. I also noticed that the building wind had shifted to out of the south west and that I was seeing quartering starboard waves start to form.



I approached Milk Island and stopped to take my last open water picture. The course below the bar was a long five mile upwind slug to East Point. I did the math and I needed to get serious about

my paddling if I was going to make my goal of 3:45 for the course.

This part of the course is also where you move off shore again and it's where the most power boat traffic is

concentrated. Here on the open water is where we were bucking large boat wakes from all directions while pushing into the wind-driven chop. It's amazing how much wake a hard driven poorly trimmed large yacht can create. There were several times when I would slide sideways over the top of a wake wave and drop down

into the trough that was higher than my shoulders when sitting in the Sleek. Regardless of conditions, it was time to get busy – no more chatting, no more pictures.

I put my core to work and got into a good rhythm. The headwind was slowing me down but it was slowing everyone down. I started passing more and more boats in the upwind slug as rowers and paddlers started to fatigue from the conditions. I stayed focused and pretty soon I started to see the waves crashing on the East Point rocks.

Realizing that I was a bit close to the point, I changed course a little bit to put me further out from the point and away from the rebounding waves. I rounded the point and was now in front of the Gloucester sea wall and almost to the home stretch. I slugged the half mile down the sea wall and was almost ready to round the lighthouse and head into the home stretch when I noticed



Straightsmouth is the half-way point of the course. You have a safety boat check-in as you go through the straight between the island and the point. Straightsmouth is also where the course turns south heading to the Milk Island Bar which is a little bit more than a mile from the straight.



three large fishing boats with their net booms out barreling into the harbor billowing smoke from their overworked diesel engines.

I did not want to get pinched between them and the end of the sea wall so I decided that a “Left Face” was prudent to get over their wake and behind them. I made the turn and paddled hard for 200 yards then turned onto their wake as they roared past. Judging by the throng of seagulls circling that trio, they were likely loaded with fish and wanted to get it to the dock and unload before it went bad. I always defer to big boats that have an agenda that doesn’t include watching out for the kayaker of their starboard beam – even when entering the homestretch of a long race.

The last mile and three quarters of the Blackburn is the run up Gloucester Bay to the “Greasy Pole.” I made a 160 degree turn

into the bay so there’s no more headwind, just the many boat wakes out of the craft coming from and going to the open water. About half-way down that run I could make out the Greasy Pole platform and knew that I was nearly done. There was one more sea kayak in front of me so I put the hammer down and tried to pass him but I ran out of course. I crossed the finish line about 20 yards behind the sea kayak. My GPS said 3 hours and 44 minutes; I had started the GPS early so I easily made my goal.

I moved off to the side of the course and pulled out my camera from my vest for one last picture. Then I did what the Coast guard didn’t want me to do – I paddled my kayak with the power boats through the drawbridge gap back to the high school. My hull on my Sleek is pristine and I did not want to scratch it up on the gravelly

beach. I went back to the little tennis court cove where I started and pulled out. I loaded the Sleek unbagged onto V-bars to dry then headed to the after race party for some barbecue and an Ipswich beer.

I stayed at the party and chatted with friends for an hour then headed back to the camp site to clean-up my gear, rest, and get ready for an early morning trip back home to the Finger Lakes where the water is drinkable.

The Blackburn is a fun race. It’s a big race with many different boats entered from all over. The best racers in the land come to meet the challenge of a 20 mile race on the open ocean. Traveling so far to do the race is an additional challenge, so I don’t see myself going there every year but I hope my paddling career lasts long enough that I can make a few more trips around Cape Ann before I’m done.



EATING CROW

PADDLING TALES BY ROGER CRISP (AS TOLD TO STEVEN HORNEY)

Roger Crisp is one of our “classic” paddlers from Indiana: a guy who’s been at the canoe and kayak racing game a long time and one who has a lot of wisdom, a lot of good memories, and a few stories that reveal the depth of humor that can be found in a good lesson now and then! Unfortunately, print can’t duplicate Roger’s story-telling style, or his “sparkling personality” as he calls it, but I think you’ll find some of these stories entertaining even in print form:

1. Roger and his C2 partner of many years, Bob Benton (these guys paddled C2 superbly, and might have had a chance at winning Nationals at the time if their schedules had worked out), had gone to the Fall Creek Race to run Standard class in an old Kevlar canoe, when this kid named “Mike” from Indy showed up with a new stripper boat and a partner who was around 19 or 20 years old. Mike knew who Roger and Bob were, but his partner had no clue. Lined up for the start of the race, Mike’s partner says “we’ve got this race locked up; there’s no one but old guys here, and they look out of shape!” He kept running his mouth non-stop as they were on the line and eventually Mike told him to “shut up and don’t make these other guys mad!” Finally Bob Benton pulled up next to the young man and gently warned him that “experience and treachery beat youth and enthusiasm every

time.” By the end of the race Roger and Bob had put the hurt on Mike and the young motor mouth by 45 minutes in a 6 mile race! Mike apologized for his partner, but Roger and Bob told Mike they didn’t mind at all. Mike mentioned that he actually built the stripper to be a tripping boat for the Boundary Waters, not a race boat. As Roger noted, perhaps he should have told that to his partner! Either way, it was a good life lesson for the kid...

2. Once Terry Streib, owner of Fluid Fun Canoe & Kayak Sales at the time, took in a Wabash Valley 17’ Phase 3 canoe, a boat which was supposed to be faster than the Jenson 17. Terry wanted to find out just how fast it was. Roger had some days off after working overtime, so he dropped by Fluid Fun to give a hand as he often did. As they chatted, Terry said there was a race in Fort Wayne the next day and he wanted to try out the boat. Would Roger like to join him racing C2 Rec? With not much else to do and not wanting to make the drive back home, Roger spent the night and headed to Fort Wayne with Terry the next morning to do a bit of racin’.



Roger Crisp timing the Indiana Fish Lake Race in 2015.

At the time, one of Fort Wayne’s high school football coaches used the Fort Wayne Three Rivers Festival Race as a pre-season practice for his team, so there were a number of football players in canoes on the line at the start. The football players, all strong young

men, assumed they would smoke all the rest by virtue of their youthful strength and they were arguing among themselves about who would win the race. Finally Jack Root, sponsor of the race, yelled from the bridge to the football players “if you can keep up with those guys in the blue boat you’ll really be doing something!” This caused the football players to laugh hysterically, commenting “those guys are old!” After the starting gun fired Roger and Terry jumped into the lead and promptly led the young guys straight into some suck water about 1/2 mile from the start, dropping them like a **hot rock**. Roger and Terry paddled out of sight long before the portage that was about 2 miles from the start (in a 15 mile race). At the finish Roger and Terry were packed up and gone long before the young guys ever showed up. Another case of “experience and treachery” defeating “youth and enthusiasm!”

3. At one of the Wildcat Creek races, a young couple from Bristol, IN who had recently purchased a 2 year old Standard race boat (white with pink trim) from Terry Streib at Fluid Fun showed up, planning to race in the Mixed Cruising class. Roger, recognizing them from Fluid Fun, commented to the couple “you sure picked a challenging course for your first race!” But they said they had been practicing on the Elkhart River, they were in good shape, and “we’re going to kick your a\$\$!” Now Roger was paddling with Patt Oakley for that race, a very accomplished female paddler. Roger and Patt saw them at the start and then proceeded to paddle away from them at such a pace that they didn’t see this couple again until after the race was

over, beating the inexperienced couple by half an hour. As it turns out, this young couple apparently hit about every obstacle on the course, greatly upsetting the wife. One observer said he spent a lot of years in the Navy, but he still learned some new words from that woman - she could cuss up a storm! Coming up to Roger after the race the young woman told him “You know what your problem is?” Roger responded with a laugh “I didn’t know I had a problem!” She said “you’re too *#*\$@*\$ subtle - you should have told us we had no business being in that race!” Roger saw her only one other time after that when he actually ended up paddling with her (she wouldn’t get in a canoe with her husband again!) Thereafter, they disappeared from the racing scene altogether.

4. When Roger first started racing, paddling a 17’ Jensen with an asthmatic partner, he and his partner did ok in Rec class but decided to race Standard Class. Another experienced racer, a guy from IL they called “Peanut Butter” because he always ate peanut butter and bananas before a race, would effortlessly come cruising

by them, singing and yelling, telling them to “lean on those sticks!” He seemed almost unaffected by the workout, while Roger and his partner were huffing and puffing trying to keep up. At that point in the race Roger sometimes thought “if could just get enough air I would choke him for making it look so easy!” But Roger’s real goal was to paddle as fast as Peanut Butter. Unfortunately he wasn’t able to get that good while Peanut Butter was still racing for Peanut Butter retired too soon. But Peanut Butter inspired Roger to become a much better paddler - and with a lot of practice he did!



Roger Crisp sharing stories with Brent Ernsberger and Terry Pontius



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USCA CANOE INSTRUCTOR TRAINING CERTIFICATION COURSE

BOB SPAIN

On August 11, 2016 the USCA held an instructor class at the USCA Nationals in Northfield, Massachusetts. The class included 6 students, all of whom successfully completed the course. The participants came from as far away as California to participate. We were pleased that all the participants are involved in youth groups and will be teaching and promoting paddling and the USCA across the States. They are now qualified to teach the USCA beginner class to youth and adult paddlers.

The participants practiced and demonstrated the sit and switch method of paddling as well as their ability to teach a skill to their students. They reviewed the identification of the parts of a canoe and paddle. Safety equipment and all aspects of paddling were reviewed. They all passed a written exam as well as on the water demonstration of paddle stroke techniques.

If you would like to become more involved with USCA and enjoy teaching and promoting the sport of paddling, the USCA is currently seeking a coordinator for the Instructor Program. Please contact Bob Spain at rws0987@yahoo.com or 512.626.3741 for more information.



Class participants (left to right, starting in the back): Jeff Teece, West Springfield, MA; Michael Wieloch, Meriden, CT; Brian Tyler, San Gabriel, CA; Daniel Pelletier, Middletown, CT; Jerry Whaland, Hubbardston, MA; Stephen Theriault, Plantsville, CT; Bob Spain, Instructor Trainer, Austin, TX; Joy Emshoff, Instructor, Austin, TX



United States Canoe Association
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EMERGENCY KNOWLEDGE

SUSAN WILLIAMS

Recently two separate incidents, both involving very dear friends of mine, brought to my attention the fact that we rarely know what we really need to know about our paddling partners if calling 911 becomes necessary.

The first incident involved a friend having a massive heart attack while in the boat. Those who were with her saved her life by performing CPR until EMS arrived. The second, a mere 3 weeks later, involved another friend hitting her head on a steel I-beam under a low bridge. A call to 911, followed by emergency surgery for a serious paralyzing neck injury, was necessary.

The EMS responders to the heart attack victim checked for "Medical ID" on my friend's smart phone. Unfortunately she did not have her information in there, resulting in a significant delay as we all scrambled to notify her family of the emergency. There are three simple ways to let EMS know your medical background and emergency contact information. The first is to simply write it all out, place it in an envelope, and have it handy in your car. The second involves your smart phone. The third is a "Road ID" or similar product.

My friend's heart attack occurred 6 days before I embarked on my AuSable River Canoe Marathon adventure. I realized that my pit crew didn't know anything about

me and, although I have my Medical ID filled out on my iPhone, my phone wasn't going to be with me or my crew during the race. So my partner and I hand wrote our information on a piece of paper, placed the papers in envelopes, and taped them to the dashboard of our crew vehicle so that if it became necessary (and thankfully it did not), our medical and emergency information was readily available. What we wrote: Full name and address, age, date of birth, allergies, allergies to medications, current medications, medical conditions, medical history, medical insurance (including all policy numbers and phone numbers), emergency contact names, addresses and phone numbers, organ donor status, living will, power of attorney, power of attorney for healthcare information, DNR directions, primary care physician name, address and phone number, employer name, address, phone number and supervisor, occupation, and family history (in my case I'm adopted so I just wrote "Family History – unknown, adopted"). Even if the answer was "none," I wrote the category and just wrote "none" after it, so that medical personnel would know.

One of the first things EMS looked for in both instances with both friends was the "Medical ID" on their smart phones. If you are unfamiliar with "Medical ID" on a smart phone, and I've found out over the past several weeks that



Hand-written emergency info in envelopes taped to dashboard.

many people don't know it exists, here are some photos to help guide you through it. These are from my iPhone, but I've since learned that other brands of smart phones have the same feature. For iPhone users, on your "lock screen" you will see in the bottom left corner the word "Emergency". Tap "Emergency." The "Emergency Call" screen will appear. On the bottom left you will see a red "Show Medical ID". Tap that. This is where you will find the information you need (or EMS needs) about your partner in a 911 situation.

To fill out the Medical ID on your own iPhone, tap on your "Contacts" icon. At the top of the page of your Contacts you will see your name. Tap on your name. Scroll down all the way down to the bottom. You will see in red, "Medical ID." Tap on "Create Medical ID" if you've not created your own ID, or tap on the blue "Edit" at the top right of the screen to update what you've previously created should you need to.

Road ID is a product that has your basic emergency information engraved on a wrist or an-



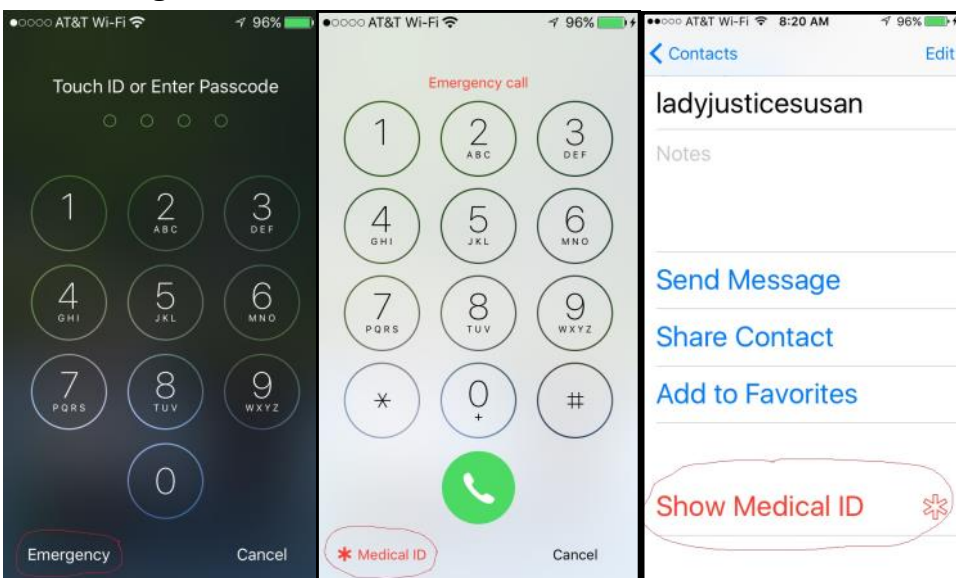
RoadID emergency information bracelet.

kle bracelet. Here is a photo of mine. You can customize it with 5 lines of information. I've worn mine now for a good 10 years. I've taken it off only once, and that was because I had to replace it when my dad died and I needed to put my mom's contact information on there instead. You can find Road ID at roadid.com. I'm not affiliated with the product in any way, I just think it's a good product. Other more high tech

versions are available as well. My bracelet has become a part of me, and I don't even notice it any more. But it's there if anyone ever needs it.

Thankfully, both friends survived their medical emergencies and, while they both have long recoveries ahead of them, we are hoping for full recoveries for both. While we never really expect to need to call 911 while paddling, sometimes bad things happen to good paddlers. Having your Medical ID on your smartphone, having a handwritten piece of paper, or having a Road ID with what your paddling partners or EMS need will make things a little easier in a horrible situation. Let's hope we never need it, but if we do let's all have it available. It doesn't take long to do this. Please pick up a piece of paper or your smartphone right now and get to work.

Susan



iPhone emergency information access sequence.

RACING TIPS

PETER HEED

Basic Shallow Water Strategy

No single element in marathon canoe racing, outside of a paddler's technique and fitness, has a more significant impact on the ultimate result than does shallow water. The disparity between teams which are capable of utilizing shallow water sections of a course to their advantage and those which are not is dramatic. In my previous articles we have discussed techniques and approaches to paddling fast through shallows and cement water, as well as the challenges of wake riding in shallows. We have learned how to "pop the boat" up on the shallow water wave, how to ride and jump shallow water wakes and especially how to use the shallow water side wake to maximum advantage. Now we will be taking a closer look at general strategy considerations as you encounter shallow water during your race.

A good general rule for shallow water is "be fast, be first." Since the first canoe entering any stretch of shallow water enjoys numerous advantages, it is easy to see why there will be

massive sprints within any group of canoes approaching shallows. If you can anticipate the shallow water portions of the river so that you can accelerate and "get the jump" on your competitors, then once you in the shallow water section, they will have great difficulty in passing you or getting over your massive shallow water wake. This is especially so for any unfortunate team which may be on one of your stern wakes as you enter the shallows. When the water is less than a foot deep, a following canoe on your stern wake will face many difficulties, as the shorter and higher waves shrink "the sweet spot" for wake riding. It is not uncommon for a less experienced team to quickly "fall off" the stern wake of the canoe that they had been riding so effortlessly a few moments before while in deep water. And if this happens on a sharp turn in the river, then the waves and holes created behind the stern of the lead canoe will leave little water for the following canoe - often resulting in that dreaded "beached out" feeling. Your canoe will be momentarily stuck on the sand, and your competitors will be paddling away!

If your team is not fast enough to be first into the shallows, try your best to avoid the problems inherent with the stern wake by sliding out to the left or right of the lead boat and jump on a side wake! As we discussed before, the side wake is the place to be when your group of canoes hits the shallows. The side wake in shallow river sections spreads out wide and provides the riding canoe with many "sweet spot" riding options. It also allows you to be in a position to counterattack - if you are feeling strong and so inclined. Take off in a full sprint and catch the lead canoe team by surprise! Make them "eat your wave" for a change!

Keep in mind that the side wave - like all shallow water waves - tends to be higher in amplitude, which can lead to some control problems. Rock solid stability and a steady lean are essential to keep your canoe from getting pulled toward the lead boat, or potentially worse, from getting shot out away from your ride. To combat this, try sliding your boat farther out and slightly back on wake, finding a position where the wave size is not so extreme. This will reduce

your control issues and help prevent your canoe from getting shot out sideways.

Trimming The Canoe For Shallow Water

Most canoe racers generally agree that it helps to have the boat trimmed slightly bow down in shallow water. Having the bow trimmed down about one inch to one and a half inches usually does the trick, although some racers prefer as much as two inches bow down. You will need to experiment to find the exact trim that works best for you and your partner. And do keep in mind that there are some low volume C-2s which actually run better trim or even slightly stern down, but the only way to know is to go out and practice on your favorite local stretch of shallow water. The important point is to have your boat trimmed properly BEFORE you hit the shallows. If you know that the race course has a great deal of shallow water, have the boat trimmed properly to begin with - before the race starts.

Another consideration for races which are predominantly in shallow water is paddle choice. For such races, try utilizing a paddle approximately one inch shorter than what you usually go with in deep water. The shorter paddle assists in two important ways. First, it facilitates a quicker stroke rate, which is advantageous in shallows. Second, it helps prevent your upper grip hand from

being too high at the catch phase of the stroke. When you cannot get your paddle blade fully immersed in the water due to the shallow bottom, your entire paddle will be higher than normal during the stroke relative to your torso, and your upper arm will particularly feel the negative impact of this elevated position. A shorter paddle shaft helps prevent this problem. You may also want to consider using a slightly heavier, more rugged blade, since you will invariably be hitting gravel, rocks, stumps, and whatever else inhabits the race course river bottom.

Armed with the right sized paddle and your canoe properly trimmed, you should be ready for those shallow water sprints. Keep in mind that some paddlers spend much time sliding their seats forward in shallow water. There is nothing wrong with this so long as the seat movement is accomplished before the shallows are encountered - before you are "bow up" on the shallow water wave. The key here is timing. The problem some inexperienced teams suffer from is that the paddlers start to slide their seats forward too late. They are caught "sliding" when they should be sprinting! Both racers need to focus on accelerating the boat just before entering shallow water, instead of "working the seat" while the stern sinks and the bow gets lifted up on the wave. This "sliding seat delay syndrome" usually results in the canoe ending up behind the large shallow

water wave - with the expected consequences. Your competition is leaving you behind!

Utilizing Shallow Water To Your Advantage

There are a number of usually occurring situations where shallow water can be used to the racer's advantage. Any sharp turn in the river can almost always be counted on to provide opportunities to utilize shallow water. If you are the inside team entering the corner (the team closest to shore), a sharp acceleration will often drop canoes sitting on your stern wake. The huge side wave thrown by your canoe as you sprint around the turn will also cause real problems for any teams sitting out on your side wake. And if a canoe is on your inside wake as you sprint into a tight turn, that team will have difficulties preventing being thrown sideways and driven into shore. Only highly skilled teams will be able to successfully defend this move, but you will have at least made them work hard and expend valuable energy in doing so.

If you find yourself on the outside of a canoe team sprinting into a tight corner, either promptly counter by paddling hard "on sides," or consider allowing your canoe to slide farther out and back slightly on the side wake. This will give you a more forgiving position from which to hang on the wave. Both you and your partner will need to be alert and

anticipate these types of sprints. Be ready to counter with a sprint of your own and be prepared to lean the boat dramatically in order to stay on the wake. Try rolling the canoe in a steady fashion so that the inside gunnel (the one nearest the lead boat) is up. This will assist you in “carving” around the turn and will prevent you from getting dropped by being thrown out at an angle off the wake.

On the other hand, if you find yourself on the inside of another canoe team going into a tight corner, you have a golden opportunity to put the hammer down and attack. You must be aggressive and hold your line as you accelerate into the tight corner - a quick quarter draw by the bow paddler or going to “sides” may help hold your line. The side wake your canoe will throw off as you sprint into the shallow turn will make things challenging for teams outside you. However, you should be alert for the potential of getting thrown into shore or “beached out” on the shallows of the inside corner. Staying inside, but not too close, will be a key judgement call to be made. In all events, keep alert to use every corner to your best advantage.

When you find yourself leading one or more canoes going into a stretch of shallow water, do your best to stay in front. *Hit it hard and hit it first.* Make the wake riding canoe teams work. At the very least, you will make things a little difficult, a little tir-

ing, and maybe you will even drop one or two of them. If a close competitor gets the jump on you and gets past your canoe, then work hard to stay on their side wake. Slide out a short distance if you have to, but try not to get dropped. It will be worth the effort. If you can emerge from the shallows essentially side-by-side, you will have set yourself up to ride easily with the other team - at least until the next shallows!

If you are wake riding other boats as you come to a shallow section, think about going on the attack first, perhaps jumping past the lead team, as they might not be attentive or feeling particularly strong. If that is not possible, find the best wake available - probably out on a side wake - and stay as close as possible. As soon as deeper water is encountered, the lead boats usually back off slightly. Dig deep and try to jump back on a good wave. If you can get any sort of ride, then drink, eat something, and do your best to recover.

Shallow water in a canoe race is always challenging. It can be both fun and fast as well. Those

stretches of shallow water can often make or break a canoe race. But don't let shallow water discourage you. Rather, come to look at it as an opportunity to put distance between you and your competition. The way to do this is to practice. Avoid just paddling in deep water rivers and lakes. Find a good section of shallow water and get in some good training, even though it will take a little more effort. Work to improve your acceleration, your changes in boat speed, and your overall fitness. Your confidence will improve, and you will develop the tools needed to jump your boat up and on the front side of those shallow water waves. You will leave your competition behind, and you will never have to dread shallow water again!

Peter Heed



Peter Heed and Michael Fairchild racing C-2 Veteran on Sunday. Photo courtesy of BillAmosPhotography.com

OH, THE PLACES YOU CAME FROM!

TRICIA HEED

What do Israel, Australia, Canada, and 24 of the United States have in common? These are the places people came from to be a part of this year's USCA Nationals. Racers came with friends and family from far and wide to enjoy the Connecticut River valley and surrounding New England states.

Joy Emshoff and Bob Spain not only packed up their RV (with their trusty wiener dog, Hank) to come to race all the way from Texas, but brought along non-racing friends with their own RV. They toured all the way up into Maine (where much lobster was consumed) and across Canada to Peterborough where they had an incredible time visiting the Canadian Canoe Museum before returning home to Austin, Texas! Becky and Dale Burris met up with their son who is hiking the Appalachian Trail, before arriving for their races. Many people took time to visit family and friends living in the New England area who they have not connected with in many years. Teresa Stout stayed with her niece who teaches right in Northfield at the Mt. Hermon School.

Paddlers reunited with "racing friends" who they look forward to seeing every year at Nationals. They also cherished connecting with many "racing friends" they had not seen in ages. Beth Schluter from WI, Kathy Jensen and Bill Torongo from MI, Ron Williams from British Columbia, Eric McNett from ME, and the Cramer family from Iowa, along with so many others all came together for a great reunion reminiscing about old times and creating new memories.

Here is the list of countries, provinces, and states represented at

Nationals this year: Israel, Australia, and the Canadian provinces of Quebec, Ontario, New Brunswick, and British Columbia; USA states included: NH, OH, IA, AR, VT, CT, NY, PA, NE, TX, MA, MI, ME, MO, NJ, FL, SC, MN, NC, IL, IN, WI, TN, and MD.

Whether you traveled 5 miles or 5,000-plus, you are all the reason 2016 Nationals was such a great success!

I would love to hear about your personal Nationals' adventures!

Tricia Heed



*Hildren Francis finds a unique cooling solution in the Connecticut River!
(Partner John Edwards not pictured.) Photo courtesy of Tony Bond*

USCA CALENDAR

Annual Convention Meeting

The 50th Annual USCA Convention Meeting will be held January 13-15, 2017 at the Holiday Inn, Charlotte Airport. The Holiday Inn is located at 2707 Little Rock Rd. Telephone: 704-394-4301. A free shuttle is available from/to the airport (the hotel is just 5 minutes from the airport).

Room Rates: \$99+ tax single or double. 20 rooms have been reserved on each night for Friday and Saturday. Reservations may be made now until December 14, 2016 using the name of the United States Canoe Association. Contact Steve Rosenau with any questions at:

704-483-4130 or email sar4130@gmail.com The banquet will be off site this year.

National Stock Aluminum/Downriver & Touring Championships

The USCA National Stock Aluminum/Downriver & Touring Kayak Championships will be held on March 4 - 5, 2017 at North Port, FL. Pre-registration is required at <https://paddleguru.com/races/CocoplumPaddleAThon>

Contact Lloyd Reeves at lloyd@fastkayak.com or phone 805-441-7463 for more information. 2017 USCA membership is required to participate. Join the USCA anytime after October 1, 2016 to count for the 2017 membership year.

Photo courtesy of Tony Bond



2016 USCA NATIONALS

NEITHER RAIN, NOR HEAT, NOR SWELTERING HUMIDITY...



Surf skis lined up at the start of Friday's K1 Unlimited race. Photo courtesy of Ed Hoffmeister.

For an event that happens in the early part of August, you'd think the USCA Nationals would have fairly consistent weather. But not so! Two years ago in Lock Haven, PA, the temps dropped into the 30's at night and barely got into the 70's during the day. I know it well: I was camping in a tent with a marginal summer sleeping bag, expecting hot August weather. Instead, I was bundled head to toe with all the clothing I had with me, hoping not to have to get up to go to the bathroom... again. This year, well, let's just say it was different. With a heat wave engulfing the country and high humidity levels, it was a case of many campers fleeing for hotel rooms with air conditioners. Thankfully this year we were equipped with our

air-conditioned travel trailer. I know it's not "real camping," but in 95 degree, high humidity heat the "real campers" were jealous. But hot or cold—it doesn't matter—the Nationals is a premier racing event, and this was one of the finest Nationals ever!

Set in an idyllic location on the beautiful Connecticut River, this was true down-and-dirty flat-water racing. Deep water (other than a little bit of shallow/weedy water around the island) and a minor current meant a rather non-technical course where a paddler's ability to move a boat pretty much ruled the day. But that doesn't mean there weren't a few tricks paddlers could utilize to their advantage...

I have a confession to

make: I'm a draft-seeker. Some men are draft-dodgers, but I find seeking the draft to be much more satisfying (especially when it results in a successful Nationals experience). As we traversed afar, camping trailer in tow, my lovely and supportive wife asked me what my strategy was going to be. The question was posed as I was drafting a semi, so I told her I was planning to stay in the draft, save fuel, and make time. She said "I mean your race strategy at Nationals." I answered, "the same thing."

Relatively few of our intrepid Midwestern paddle racers dared to venture into the uncharted waters of our eastern sort-of neighbors, but those who did were treated to an awesome

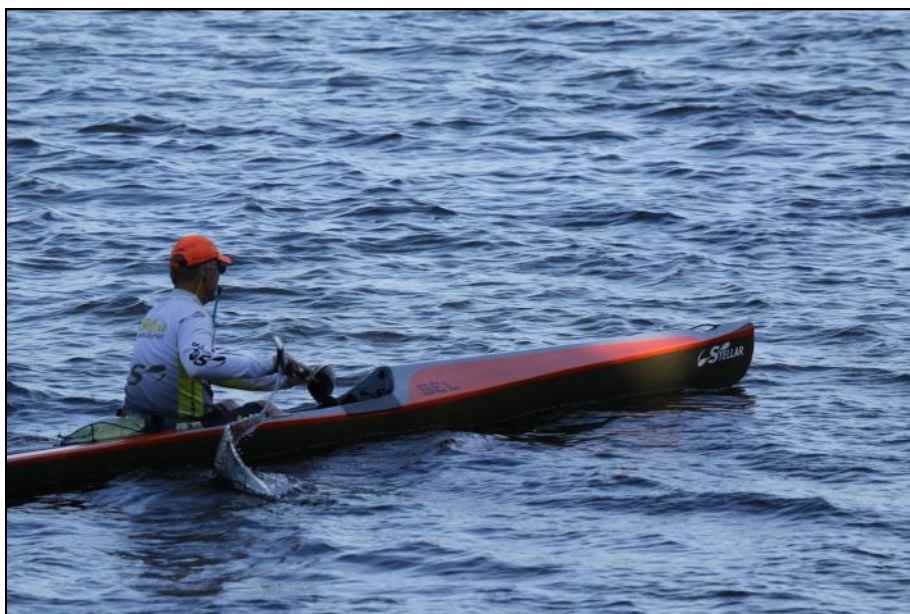
Nationals – and a lot of hardware. Less awesome was the sweltering heat and humidity levels high enough to make us wonder which side of the water we should be paddling on. But a significant number of potentially mentally-challenged souls were crazy enough to laugh into the face of such hazards that we had an all-time Nationals record for attendance. I don't have the exact number, but it was high. I believe there were 111 C1's signed up, and we had 56 boats signed up for the K1 Unlimited races, primarily surf skis. And the USCA increased its membership by about 1/3 at the Nationals. Of course the downside to seeing all those paddlers was seeing how many really good paddlers were my competition – and the toughest competition seemed to be in my age bracket! But the cool side was also seeing how well I could compete against some names and faces I knew from afar, but against whom I had never paddled.

The course itself was different than many of our recent Nationals. It was a loop course on a rather large river with a modest current and nothing too technical. We launched downstream for about 1/2 mile or so, went around a buoy on each side of the river, headed back upstream and stayed right of Kidd's Island until we got to the bridge. At the bridge we turned around and headed back, only this time we made a loop around the island before heading on back

to the finish. For the most part it was pure flat-water duke-it-out competition. But sometimes a little strategy could make all the difference...

My Friday race in K1 Unlimited was a bit of a disaster. Excited to be paddling with so many elite surf ski paddlers, my intention was to start right behind some guys I knew were fast, jump onto their wake, and make time. Unfortunately, I started out behind the group, being surprised by how quickly the starting gun went off after the warning and remembering I still needed to start my GPS. But on a 13 mile race that wasn't the end of the world. With 56 boats in the

ley Echols (who appeared to be having a tough time of it in the heat). We all ran together to the bridge where after making the turn and beginning the trip back I opted to suck down an energy gel pack. Somehow the energy transferred to Wesley and the other guy; they took off like a shot, and I was no more energized than I was before. But things got worse after another mile or two when I started to feel a lot of pain in my trapezius muscles. From there I just basically limped it in, stopping periodically to stretch it out and hoping not to puke. I pulled out enough energy to give a good challenge to another guy crossing the line at the same time, at least



Steve Horney heading out for the K1 Unlimited Race. Photo courtesy of Ed Hoffmeister

heat, most now ahead of me, the waters were churning but I felt good in that my stability was solid. I latched on to one racer who was making good time, then about halfway up the river we switched places and he drafted me until we caught up with Wes-

giving the audience the thrill of a close finish, even if my time was pathetic.

Sunday's OC1 race was a different story for me. Charging out hard at the start in first place, I settled down into the 4th position as we rounded the buoys,

being waked by Kenneth Walls, who beat me last year. He gave me good advice on the way up on the best places to position my boat in relation the current and the shore, and seemed content staying in my draft. A few miles up I sprinted to try to catch a passing surf ski from the K1 Womans' race, but I made the decision too late to catch her wake – and lost Kenneth in the process. Continuing on up towards the bridge, I could see that Robert McNamera, in the #3 position, wasn't getting away from me but I didn't seem to be gaining on him either. This called for some serious wake riding work, and thankfully a group of K1 women and C2 men were right behind us. Riding several wakes for short distances along the way, I managed to close the distance until I caught Robert near the island on the return leg,

latching onto his wake for the trip around the island. Then a passing C2 provided a tempting ride, so I moved over and caught his wake – only to find Robert was now playing bumper boats with me. He really wanted on that wake as well! At that point I decided not to fight for it, but fell back and figured that was racing. But I did pray and tell the Lord that while I was happy with whatever outcome, if He wanted me on the podium I needed another ride. And shortly thereafter another C2 came by that was perfectly positioned for a good ride. I latched on to their wake and rode it almost to the finish, passing Robert in the process. The ride behind that C2 was awesome! I even started switching my paddling sides as the guys in the C2 called "hut" just to make sure I paused when they

did and accelerated when they did to stay on their wake. And I ended up in 3rd place overall: a great way to make up for a disappointing race on Friday! Sometimes these "races-within-a-race" provide the most intense racing of all!

Side observation: racers are a tough group. At one point I was behind Phoebe Reese, a C1 paddler, during Sunday's race when I watched her pause, dip her water bottle into the Connecticut River, and take a deep drink of straight river water. Whoa—that's hard core! Phoebe said she had run out of water and figured she needed to have something to drink for the 7 or so miles back, she was hoping it would just refresh without getting her sick. Hopefully it was good!

Steve



Falling back off the wake of the boat I drafted for almost 2 miles just before the finish. Strategy, timing, and a bit of Divine providence provided the key to a better-than-expected finish. Photo courtesy of Ed Hoffmeister.

2016 USCA NATIONALS

USCA PADDLER OF THE YEAR

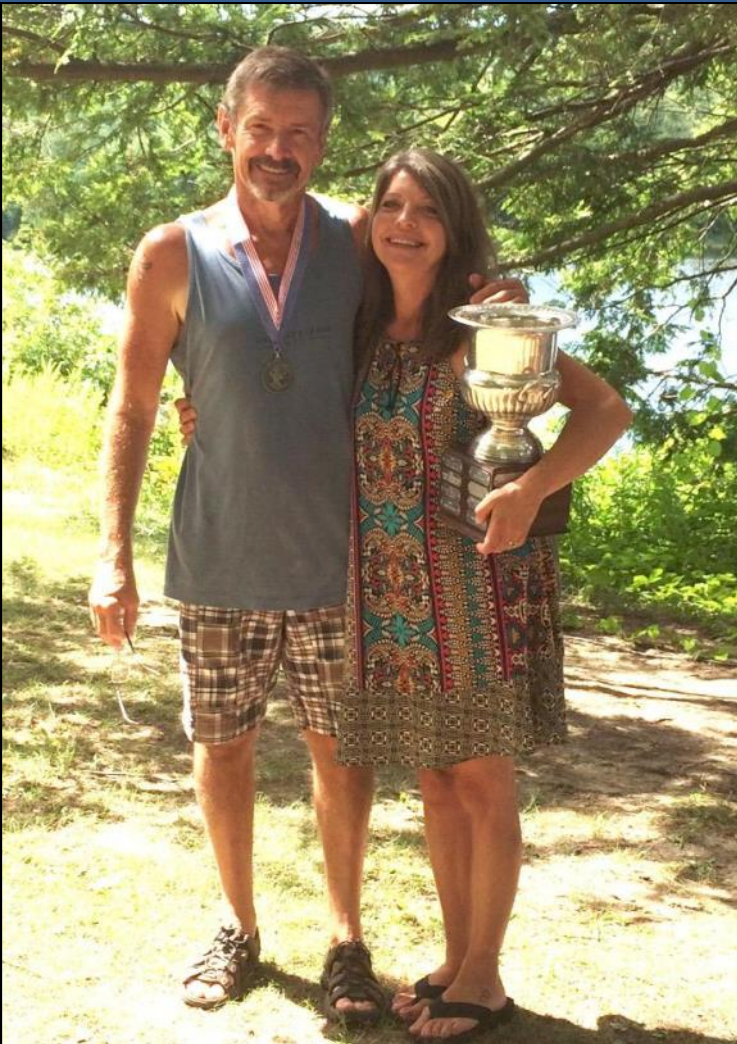


Dave Thomas (on the left) and Ed Hoffmeister, owners of Stellar Canoes & Kayaks, and primary sponsors of the 2016 USCA Nationals, holding the USCA Paddler of the Year trophy awarded to Dave Thomas.

Outstanding Paddler of the Year- David Thomas from MA. David played a key role in the success of this year's Nationals. Not only was his company, Stellar Kayaks, a major sponsor, donating the boat number stickers and sharing in the cost of the bike bottles, but he personally went above and beyond to help in any way he could to assure everything went well. David worked hard to obtain the support of the local businesses and town officials by attending countless meetings. He secured the use of the docks, set them up and took them out at the end of the weekend. David was always available to meet, answer phone calls, or email even from halfway around the world, such as when he was working in China this past year. Congratulations to David Thomas!

USCA NATIONALS

BILL KLEBE GOOD SPORTSMANSHIP AWARD



Linda and Charlie



Linda holding her Bill Klebe Good Sportsmanship Trophy

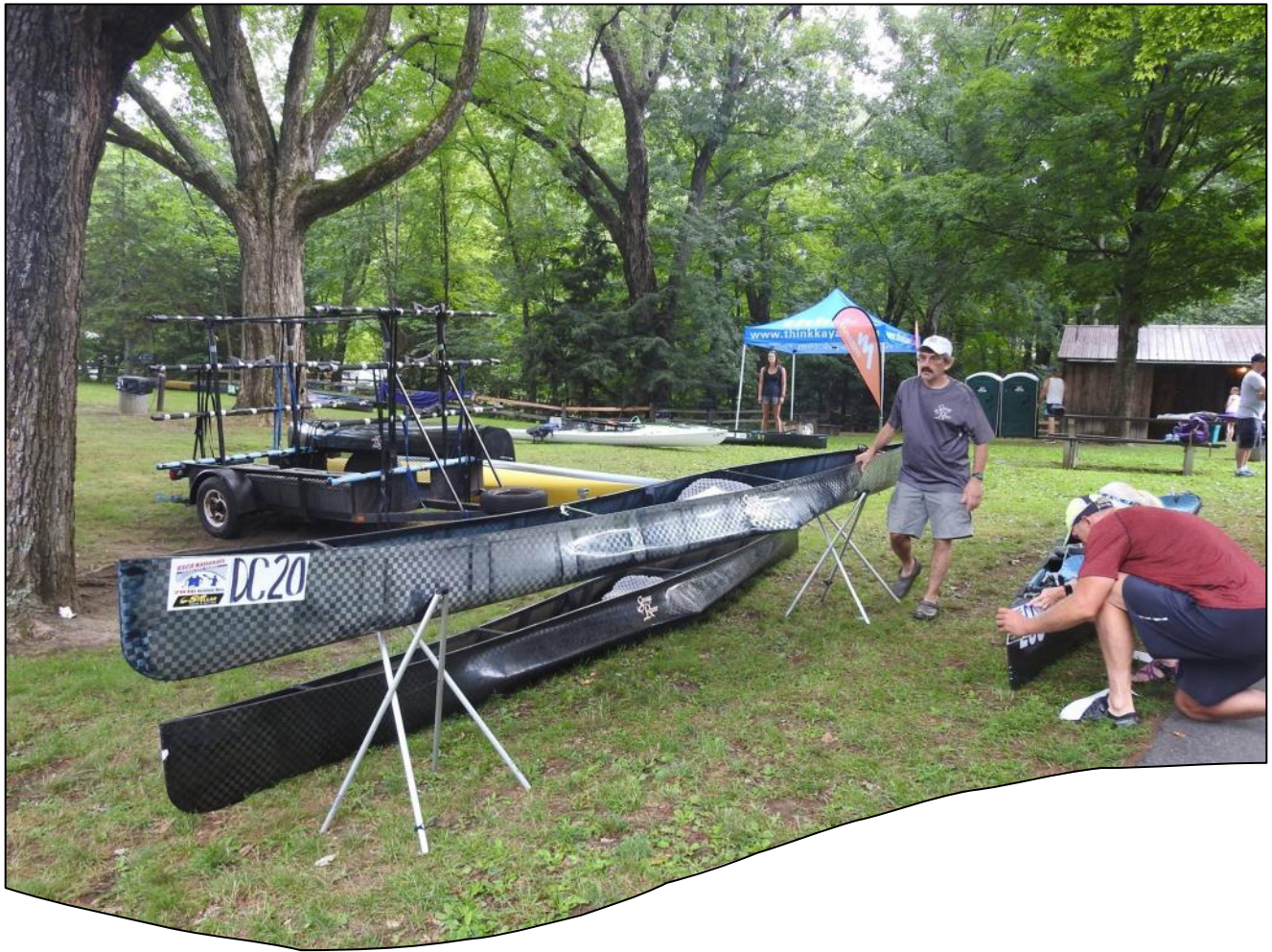
Bill Klebe Good Sportsmanship Award - Linda Bruno from PA. While her husband, Charlie was out on the race course, Linda could be seen assisting people in need on the shore. She comforted a woman who was having a respiratory problem after racing; she assisted a number of paddlers who were suffering from the heat by helping carry their boats; she was quick to react to a paddler suffering from heat stroke by calling for volunteer to notify the EMT and race organizers, comforting his wife and helping her with his boat while waiting for the ambulance to arrive. Linda is always quick to be the good Samaritan and we thank you for it.

USCA NATIONALS

YOUTH ENCOURAGEMENT AWARD



Youth Encouragement Award - The Sayger Family from Arkansas: Lori and Steve, parents; Phillip, 18; Mark, 21; Joshua, 17; Matthew, 15; and Ariel, 13. This family sets a great example of youth encouragement through their participation in youth events and through their support of the youth community. Beyond participation in races, the Sayger boys were seen all week assisting paddlers as they helped put their boats in and out of the water. Their helpfulness and pleasant demeanor was noticed by many people. Philip spent every day in the timing booth assisting with finish line photos and enthusiastically cheering every paddler who crossed the finish line! They are all great ambassadors for the USCA youth and the organization as a whole.



Photos courtesy of
Tony Bond



404

Samuel River





Photos courtesy of Tony Bond.

THURSDAY, AUGUST 11, 2016

NATIONALS RESULTS



Photos this page by BillAmosPhotography.com



C1 Youth 5-7

1. Luke Josefik	IL	2:23.32
2. Memphis Neff	MI	3:01.30
3. Rachelle Reese	NY	3:16.03

C2 Youth 11-12

1. Aliya Sapiel/Sheylee Sapiel	ME/ME	1:14:34
2. Eleanor Tyne/Javier Santiago	ME/ME	1:16:12
3. Tommy Owen/Noah Kreutz	ME/ME	1:19:41

C1 Youth 8-10

1. Samantha Diget	MI	1:45.04
2. Jaxson Sockbeson	ME	2:03:03
3. Scottie Sockbeson	ME	2:04:09
4. Phoebe Jones	CT	2:05:59
5. Damion Neff	MI	2:59:01

K1 Youth 11-12

1. Tommy Owen	ME	1:17:92
2. Javier Santiago	ME	1:30:52
3. Noah Kreutz	ME	1:37:91
4. Alliya Sapiel	ME	1:39:00
5. Eleanor Tyne	ME	1:46:32

C2 Youth 5-7

1. Luke Josefik/Mike Josefik	IL	3:27:22
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K1 Youth 8-10

1. Samantha Diget	MI	1:36:69
2. Jaxon Sockbeson	ME	1:57:22
3. Scottie Sockbeson	ME	2:01:86
4. Damien Neff	MI	2:34:67
5. Cody Vassar	MA	2:54:42

C1 Youth 11-12

1. Javier Santiago	ME	1:26:57
2. Tommy Owen	ME	1:37:17
3. Noah Kreutz	ME	1:38:83
4. Eleanor Tyne	ME	1:46:39



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C2 Youth 8-10

1. Samantha Diget/Damien Neff	MI/MI	1:44:11
2. Jaxon Sockbeson/Scottie Sockbeson	ME/ME	1:50:56

K1 Youth 5-7

1. Mason Vassar	MA	2:58:55
2. Memphis Neff	MI	3:19:89

C1 Girl Youth 13-14

1. JoAnn Olney	NY	3:12:92
2. Katie Owen	ME	3:22:89
3. Ariel Sayger	AR	3:24:50
4. Ashley Diget	MI	3:35:65
5. River McDuffie	NC	3:37:45

K1 Man Junior 15-17

1. Josh Sayger	AR	2:42:36
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K1 Girl 13-14

1. Ashley Diget	MI	2:49:04
2. Katie Owen	ME	2:58:73

C2 Woman Junior 15-17

1. Briana Fitzgerald/Aliya Sapiel	NY/ME	2:54:92
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C1 Boy Youth 13-14

1. Gus Madore	MA	3:18:79
2. Ben Galipeau	ME	3:23:33
3. Damon Galipeau	ME	3:48:68
4. Shea Hines	ME	4:01:60

C2 Man Junior 15-17

1. Zachary Fish/Colin Fish	MA	2:30:55
2. Joshua Sayger/Matthew	AR	2:35:76

C1 Woman Junior 15-17

1. Briana Fitzgerald	NY	3:14:97
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C2 Boys Youth 13-14

1. Ben Galipeau/Damon Galipeau	ME	3:06:06
2. Javier Santiago/Shea Hines	ME	3:14:46

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C1 Man Junior 15-17

1. Colin Fish	MA	2:28:73
2. Joshua Sayger	AR	2:40:93
3. Matthew Sayger	AR	2:43:90

C2 Girls 13-14

1. River McDuffie/Ariel Sayger	NC/AR	2:47:16
2. Katie Owen/Eleanor Tyne	ME/ME	2:49:75
3. Aliya Sapiel/Sheylee Sapiel	ME/ME	3:02:29
4. Ashley Diget/Phoebe Jones	MI/CT	3:04:85

K1 Boy 13-14

1. Shea Hines	ME	3:27:02
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C2 Open Mixed

1. Ariel Sayger/Josh Sayger	AR/AR	2:35:95
2. River McDuffie/Colin Fish	NC/MA	2:39:48
3. Briana Fitzgerald/Matthew Sayger	NY/AR	2:42:12
4. Ashley Diget/Zachary Fish	MI/MA	2:50:13
5. Phoebe Jones/Gus Madore	CT/MA	3:02:86
6. Katie Owen/Tommy Owen	ME/ME	3:05:84
7. Samantha Diget/Shea Hines	MI/MA	3:06:98
8. Eleanor Tyne/Noah Kreutz	ME/ME	3:22:71

SUP Unlimited Man Junior

1. Tommy Owen	ME	4:01:71
2. Noah Kreutz	ME	5:01:05

SUP Unlimited Woman Junior

1. Briana Fitzgerald	NY	3:22:23
2. Ashley Diget	MI	3:59:02
3. Katie Owen	ME	4:29:19
4. Eleanor Tyne	ME	4:47:68

C2 Man / Youth 5-7

1. Doug Pennington/Luke Josefik	MO/IL	2:58:33
2. Ben Josefik/Mike Josefik	IL/IL	3:05:73
3. Memphis Neff/Roger Clark	MI/MI	3:23:41

C2 Women / Youth 5-7

1. Phoebe Reese/Rachelle Reese	NY/NY	3:14:38
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C2 Man / Youth 8-10

1. Mark Ranco/Scottie Sockbeson	ME/ME	2:39:18
2. Eric Jones/Phoebe Jones	CT/CT	2:42:98
3. Samantha Diget/Roger Clark	MI/MI	2:58:61

C2 Woman / Youth 8-10

1. Eve Dana/Jaxson Sockbeson	ME/ME	3:03:65
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C2 Man / Youth 11-12

1. Jeff Owen/Tommy Owen	ME/ME	2:28:00
2. Javier Santiago/Mark Ronco	ME/ME	2:29:74
3. Halie Crowe/John		2:31:48
4. Karl Kreutz/Noah Kreutz	ME/ME	2:54:59

C2 Woman / Youth 11-12

1. Eve Dana/Sheylee Sapiel	ME/ME	2:59:25
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C2 Man / Youth 13-14

1. Jeff Owen/Katie Owen	ME/ME	2:31:23
2. Jerry Madore/Gus Madore	ME/ME	2:32:51
3. Ariel Sayger/Don Walls	AR/AR	2:35:61
4. William McDuffie/River McDuffie	NC/NC	2:42:34
5. Brian Galipeau/Apemesim Galipeau	ME/ME	2:53:95
6. Eleanor Tyne/Karl Kreutz	ME/ME	3:00:26
7. Ashley Diget/Roger Clark	MI/MI	3:16:97

C2 Woman / Youth 13-14

1. Eve Dana/Shea Hines	ME/ME	3:16:97
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C2 Man / Junior 15-17

1. Dale Burris/Joshua Sayger	AR/AR	2:28:96
2. Doug Pennington/Matthew Sayger	MO/AR	2:38:18

C2 Woman / Junior 15-17

1. Briana Fitzgerald/Pam Fitzgerald	NY/NY	2:37:10
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PADDLERS WITH PHYSICAL DISABILITIES

V1/OC1 Man w/ Physical Disability

1. Tony Bond	AUS	2:44:08
2. Derrick Mertowski	NY	2:55:87
3. David Nichols	NY	3:20:77
4. Kevin Hicks	NY	3:31:02

V-1 K1 Woman w/ Physical Disability

1. Carol Rogers	NC	3:23:37
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YOUTH MARATHON (TRIAL)

C-1 Man 5-7

1. Luke Josefik	IL	37:20:00
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C1 Man 11-12

1. Tommy Owen	ME	16:37:72
2. Javier Santiago	ME	16:47:54

C1 Woman 11-12

1. Eleanor Tyne	ME	20:02:63
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K1 Woman 11-12

1. Aliya Sapiel	ME	18:48:16
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K1 Man 8-10

1. Scotty Sockbeson	ME	22:44:07
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C1 Man 8-10

1. Jaxson Sockbeson	ME	22:59:44
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*Photo by
Tony Bond*

FRIDAY, AUGUST 12, 2016

NATIONALS RESULTS



*Photos courtesy of
BillAmosPhotog-
raphy.com*





Friday Photos are courtesy of BillamosPhotography.com



Friday, August 12, 2016

C2 Standard Women Open - AA

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
AA1	Rabuck	Carol	60	PA	Kopta	Lauraellen	58	PA		SCR

C2 Standard Women Master - AB

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
AB1	McDuffie	Lynn	53	NC	Reinertsen	Priscilla	73	NH	2:48:54	1

*Special Age Recognition Award for first team 70+ and 80+

C2 Women Open - BA

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
BA2	Davis	Rebecca	26	MI	Schlimmer	Mary	25	NY	2:01:04	1
BA3	Lensch	Linda	57	NJ	Ray	Betsy	23	NY	2:11:38	2
BA1	Cramer	Tracy	28	SD	Even	Joanie	50	IA	2:24:19	3
BA4	McDuffie	River	14	NC	Robinson	Miranda	28	NY	2:30:47	4

*Special Age Recognition Award for first team 24 and under

C2 Women Master - BB

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
BB1	Ellsworth	Emma	40	MA	Swislosky	Melissa	45	NY	2:03:02	1
BB3	Jensen	Kathy	53	MI	Wilson	Christina	47	NH	2:06:51	2
BB2	Fitzgerald	Pam	55	NY	Nadeau	Sylvie	42	Can	2:07:00	3

C2 Women Senior - BC

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
BC1	Barton	Roxanne	59	MI	Wesley	Gloria	56	MA	2:01:51	1
BC3	Crowe	Kari	52	NH	Hamilton	Mary	52	NH	2:04:50	2
BC4	Cummings	Vicki	54	CT	Warner	Kristen	52	NH	2:06:31	3
BC2	Bradley	Barb	59	WI	Simpson	Karen	61	Can	2:06:58	4
BC5	Lipski	Cathy	56	NY	Town	Blanche	59	NY	2:16:32	5

C2 Women Veteran 1 - BD

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
BD5	Faloon	Joanna	61	Can	Schluter	Beth	72	WI	2:02:38	1
BD2	Dorsey	Kris	60	MA	Superchi	Sandy	60	MA	2:10:02	2
BD3	Dugas	Dianna	62	MA	Harris	Sandy	63	MA	2:21:35	3
BD1	Burriss	Becky	65	AR	Stout	Teresa	62	PA	2:23:20	4
BD4	Emshoff	Joy	63	TX	Gray	Teddy	63	TX		SCR

C2 Women Veteran 2 - BE

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
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C2 Women Grand Veteran 1 - BF

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
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C2 Women Grand Veteran 2 - BG

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
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*Special Age Recognition Award for first team 80+

K1 Unlimited Man Open - CA

Number	Last Name	First Name	Age	State	Net Time	Place
CA1	Dostal	Michael	37	MA	1:40:40	1
CA4	Lishchuk	Jesse	21	PA	1:41:00	2
CA2	Herbert	Mike	55	AR	1:41:02	3
CA8	Yellin	Roel	35	ISR	1:46:45	4
CA7	White	Joe	33	OH	1:50:20	5
CA9	Thomas	Dave	38	MA	1:52:10	6
CA5	McCarthy	John	38	MA	1:59:39	7
CA3	Hsing	Mitchell	27	MA	2:27:39	8
CA6	Tranter	Roburt	39	Can		SCR

K1 Unlimited Man Master - CB

Number	Last Name	First Name	Age	State	Net Time	Place
CB5	Leshner	Greg	49	MA	1:46:57	1
CB6	Pritchard	Hugh	48	VT	1:50:26	2
CB1	Cummins	William	41	KY	1:55:53	3
CB3	Holmes	Elmore	48	TN	1:56:45	4
CB4	Hudynia	Timothy	48	MA	1:58:25	5
CB8	Williams	Brad	46	MA	1:59:46	6
CB2	Glover	Dale	45	PA	2:00:15	7
CB7	Wendolowski	Mark	42	MA	2:00:45	8

K1 Unlimited Man Senior - CC

Number	Last Name	First Name	Age	State	Net Time	Place
CC12	Rankinen	Steve	53	PA	1:47:21	1
CC8	Howard	Doug	55	VT	1:50:09	2
CC3	Chappell	Chris	53	MA	1:52:27	3
CC9	Kahn	Peter	50	VT	1:54:20	4
CC5	Dwyer	Timothy	56	RI	1:55:11	5
CC11	Mathieu	Johnny	58	ME	1:58:35	6
CC14	Thornburn	Hank	55	ME	1:58:37	7
CC13	Shenberger	Jeff	54	MA	2:02:00	8
CC6	Echols	Wesley	56	RI	2:03:37	9
CC15	Tomblin	Paul	55	NY	2:03:48	10
CC4	DeNering	Wesley	55	MA	2:04:46	11
CC1	Ammon	Brian	58	PA	2:10:02	12
CC7	Horney	Steven	56	IN	2:10:03	13
CC2	Berghash	Stephen	58	NY	2:19:17	14
CC16	Jacobson	Mark	50	MA	2:34:50	15
CC10	Mallory	James	58	NY		DNF

K1 Unlimited Man Veteran 1 - CD

Number	Last Name	First Name	Age	State	Net Time	Place
CD5	Shaw	Joe	61	MA	1:54:56	1
CD9	McNett	Eric	61	ME	1:57:43	2
CD4	Redos	John	61	PA	1:58:33	3
CD7	Stenberg	Scott	60	NY	2:08:41	4
CD3	Harmon	Daniel	63	PA	2:09:45	5
CD8	Sweeney	Michael	61	PA	2:10:40	6
CD1	Baumert	Daniel	63	ME	2:16:00	7
CD2	Caudill	Mike	63	OH		SCR
CD6	Sherwood	Chris	62	MA		SCR

K1 Unlimited Man Veteran 2 - CE

Number	Last Name	First Name	Age	State	Net Time	Place
CE1	Capellini	Bob	65	NY	2:00:16	1
CE5	Ort	Robert	67	PA	2:05:44	2
CE3	Fredericks	Jim	65	VT	2:05:50	3
CE4	Marona	John	65	CT	2:11:10	4
CE6	Walton	Tom	67	NH	2:11:12	5
CE7	Woodruff	William	66	VA	2:15:07	6
CE2	Dvorchak	Edward	68	MA	2:30:34	7



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K1 Unlimited Man Grand Veteran 1 - CF

Number	Last Name	First Name	Age	State	Net Time	Place
CF3	Grainger	Dave	70	CT	2:06:08	1
CF4	Scofield	Ralph	73	MI	2:16:00	2
CF2	Gocking	Roger	72	NY	2:18:29	3
CF1	Bellerose	George	73	VT	2:33:41	4
CF6	DeGroot	Roger	75	IA	2:52:53	5
CF5	Smith	Steven	70	CT		SCR

K1 Unlimited Man Grand Veteran 2 - CG

Number	Last Name	First Name	Age	State	Net Time	Place
CG3	Stover	John	75	MI	2:13:18	1
CG2	Jones	Tom	75	MA		SCR

*Special Age Recognition Award for first 80+

C1 Man Open - DA

Number	Last Name	First Name	Age	State	Net Time	Place
DA1	Blais	Fred	29	CAN	1:59:09	1
DA11	Schlimmer	Ben	27	NY	1:59:15	2
DA6	Hassel	Calvin	52	NE	1:59:32	3
DA4	Davis	Michael	25	MI	2:02:12	4
DA10	Willoughby	Weston	25	MI	2:05:50	5
DA5	Gelinas	Adam	34	MA	2:05:51	6
DA7	Lichtenberger	Jason	38	MA	2:11:23	7
DA2	Brabant	Sean	26	MI	2:25:45	8
DA8	Lipinski	Darryl	35	MA	2:28:05	9
DA3	Cramer	Tommy	37	IA	2:29:26	10
DA9	Whaland	Jerry	38	MA	2:56:01	11

*Special Age Recognition Award for first 24 and under

C1 Man Master - DB

Number	Last Name	First Name	Age	State	Net Time	Place
DB4	Garland	Tim	41	NH	2:02:29	1
DB2	Berry	John	48	MA	2:02:30	2
DB9	Lyesiuk	Brent	45	MA	2:03:21	3
DB5	Hall	Andy	44	MA	2:08:47	4
DB8	Kopta	Fran	42	NY	2:14:58	5
DB6	King	Matt	41	MA	2:15:49	6
DB7	Kohrt	Jeff	47	CT	2:17:14	7
DB10	Palmer	Brayton	46	PA	2:18:34	8
DB1	Allen	Tim	44	MA	2:25:10	9
DB3	Corrigan	William	64	OH	2:49:52	10
DB11	Palmer	Matthew	41	NY		SCR



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C1 Man Senior - DC

Number	Last Name	First Name	Age	State	Net Time	Place
DC26	Torongo	Bill	54	MI	2:02:22	1
DC21	Oiney	Paul	53	NY	2:02:38	2
DC20	Morse, Jr.	Jack	53	MA	2:03:23	3
DC14	Kazimierczyk	John	56	NH	2:04:39	4
DC18	Miller	Stephen	51	MA	2:06:31	5
DC8	Ellsworth	Tom	51	MA	2:08:15	6
DC16	Lee	Bruce	59	NY	2:08:16	7
DC1	Barton	Bruce	59	MI	2:11:18	8
DC12	Gruber	Paul	58	PA	2:11:47	9
DC24	Ross	William	55	MA	2:13:40	10
DC10	Goodwin	Ken	54	MA	2:14:43	11
DC28	Winter	Mark	56	NY	2:15:10	12
DC4	Boss	Kevin	53	MA	2:15:28	13
DC19	Miller	Seth	50	MA	2:17:52	14
DC22	Pederson	Jeff	55	NY	2:18:55	15
DC13	Gustin	David	53	PA	2:19:30	16
DC25	Terbush	Bill	59	MA	2:19:50	17
DC23	Ranco	Mark	54	ME	2:22:28	18
DC15	Kopta	Mark	59	NY	2:24:47	19
DC7	Diller	John	58	MD	2:26:24	20
DC27	Blease	Dwight	56	ME	2:29:19	21
DC6	Cyr	Francis	58	ME	2:33:43	22
DC3	Bechtel	Gregory	54	OH	2:34:27	23
DC5	Cole	Clayton	58	ME	2:37:48	24
DC11	Greiner	Ed	58	NY	2:44:39	25
DC9	Galery	John	59	MA	3:02:21	26
DC2	Beals	Ray	57	NH	3:17:22	27

C1 Man Veteran 1 - DD

Number	Last Name	First Name	Age	State	Net Time	Place
DD8	Haas	David	61	PA	2:07:20	1
DD10	Kanost	Bill	64	IN	2:12:19	2
DD11	Kostr	Bill	64	PA	2:15:14	3
DD7	Euvard	Eddy	60	MA	2:17:09	4
DD9	Hill	Richard	61	IA	2:21:09	5
DD5	Doucett	James	62	MA	2:21:45	6
DD12	Martin	Steve	60	PA	2:22:00	7
DD6	Dugas	Dave	64	MA	2:23:24	8
DD13	Masek	Dan	64	OH	2:23:26	9
DD4	Cramer	Ted	62	IA	2:27:55	10
DD1	Anthony	Deven	60	FL	2:28:13	11
DD2	Bond	Tony	63	Aus	2:30:05	12
DD16	Vandorpe	David	61	MA	2:30:19	13
DD14	McMahon	Ron	64	MA	2:36:34	14
DD15	Moller	Bernard	64	OH	2:43:54	15
DD3	Cole	Gord	62	CAN		DNF

C1 Man Veteran 2 - DE

Number	Last Name	First Name	Age	State	Net Time	Place
DE6	Edwards	John	68	FL	2:07:31	1
DE7	Fairchild	Michael	65	VT	2:12:25	2
DE5	Dyka	Paul	65	CT	2:14:03	3
DE2	Bruno	Charlie	69	PA	2:15:48	4
DE3	Casale	John	67	MA	2:17:59	5
DE10	Hunter	David	67	NY	2:19:41	6
DE12	McAndrew	Mark	65	VT	2:21:16	7
DE4	Duquette	Bruce	67	MA	2:22:16	8
DE14	Robinson	Bill	69	NY	2:23:41	9
DE9	Hindley	Nick	65	PA	2:33:53	10
DE13	Roberts	Jim	69	MA	2:34:56	11
DE11	Leone	Dick	69	PA	2:37:17	12
DE8	Farrell	William	67	MA	3:21:37	13
DE1	Anderson	William	67	ME		DNF
DE15	Vincent	Ralph	67	VT		SCR

C1 Man Grand Veteran 1 - DF

Number	Last Name	First Name	Age	State	Net Time	Place
DF1	Allen	Bob	72	MA	2:14:21	1
DF11	Thomas	Tom	71	IN	2:16:12	2
DF9	Rankinen	Richard	74	PA	2:16:35	3
DF12	Lyysiuk	Nick	72	MA	2:20:07	4
DF2	Apra	Gary	73	MA	2:22:40	5
DF5	Fisher	Robert	72	NY	2:22:49	6
DF4	Ellsworth	William	73	MA	2:25:11	7
DF7	McMorrow	Greg	72	ME	2:26:35	8
DF8	Muhlen	Roland	73	OH	2:29:53	9
DF6	Hill	Bill	70	MI	2:33:44	10
DF3	Daldegan	Vick	74	NY		SCR
DF10	Sayre	Edward	70	PA		DNF

C1 Man Grand Veteran 2 - DG

Number	Last Name	First Name	Age	State	Net Time	Place
DG6	MacQueen	Jon	75	CAN	2:20:27	1
DG10	Williams	Ron	75	Can	2:20:33	2
DG3	Davis	Alec	76	NY	2:34:42	3
DG9	Vandewinckel	Glen	79	NY	2:41:06	4
DG12	Zollitsch	Reinhard	77	ME	2:41:46	5
DG11	Young	Laverne	80	FL	2:46:05	6
DG1	Brown	Gerald	75	MA	2:47:20	7
DG2	Dami	James	76	MA	2:50:23	8
DG5	Gerg	Ken	80	PA	2:52:57	9
DG8	Sharp	Edward	76	VA	3:03:14	10
DG7	Morse	Jack	76	MA	3:06:44	11
DG4	Fremont	Mike	94	OH	4:42:26	12

*Special Age Recognition Award for first 80+

DG11	Young	Laverne	80	FL	1st 80+
DG4	Fremont	Mike	94	OH	1st 90+

C1 Stock Man Open - E

Number	Last Name	First Name	Age	State	Net Time	Place
E5	Ross	Peter	49	NY	2:23:22	1
E3	Newman	Jeffrey	53	NY	2:31:11	2
E4	O'Connor	Tom	57	NY	2:34:10	3
E7	Thiel	Ray	64	CT	2:40:52	4
E1	Finnen	John	57	PA	2:51:40	5
E6	Snook	Robert	70	PA	2:59:50	6
E2	Garland	Nathan	45	NH		SCR

*Special Age Recognition Award for first 70+ and 80+

E6	Snook	Robert	70	PA	1st 70+
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OC1 Woman - F

Number	Last Name	First Name	Age	State	Net Time	Place
F1	Francis	Hildren	52	FL	2:18:57	1
F2	Jordan	Sara	36	VA	2:19:17	2
F3	Mattingly	Hype	51	NJ		SCR

*Special Age Recognition Award for first team 40 - 49, 50 - 59, 60 - 69, 70+, 80+

F1	Francis	Hildre	52	FL	1st 50 - 59
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K2 Unlimited Women - G

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
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*Special Age Recognition Award for first team 40 - 49, 50 - 59, 60 - 69, 70+, 80+

C1 Man Junior - H

Number	Last Name	First Name	Age	State	Net Time	Place
H2	Fish	Colin	17	MA	1:01:10	1
H5	Sayger	Joshua	17	AR	1:05:13	2
H4	Sayger	Matthew	15	AR	1:14:29	3
H1	Alicea-Santiago	Javier	12	ME	1:20:08	4
H3	Galipeau	Damon	14	ME	1:35:42	5

K1 Man Junior - I

Number	Last Name	First Name	Age	State	Net Time	Place
I1	Berghash	Aaron	17	NY	0:57:59	1
I2	Rumpf	Wyatt	14	NY	1:06:08	2

C2 Women Junior - J

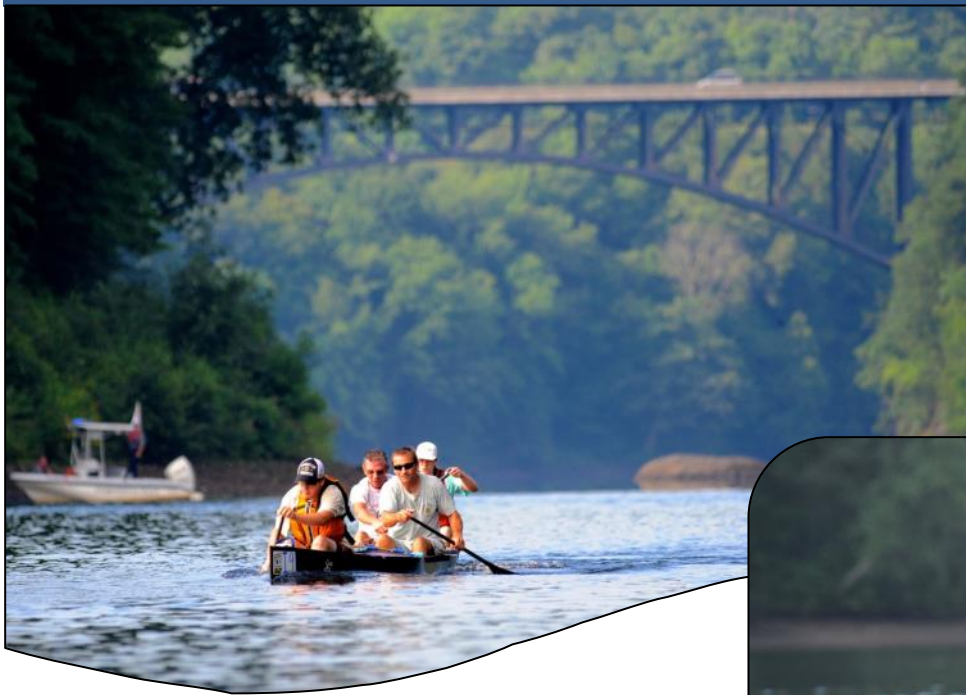
Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
J2	Fitzgerald	Briana	16	NY	Olney	JoAnn	14	NY	1:07:44	1
J1	Diget	Ashley	13	MI	Sayger	Ariel	13	AR	1:17:26	2
J3	Sapiel	Aliya	11	ME	Sapiel	Sheylee	12	ME	1:25:44	3

Photo by Tony Bond

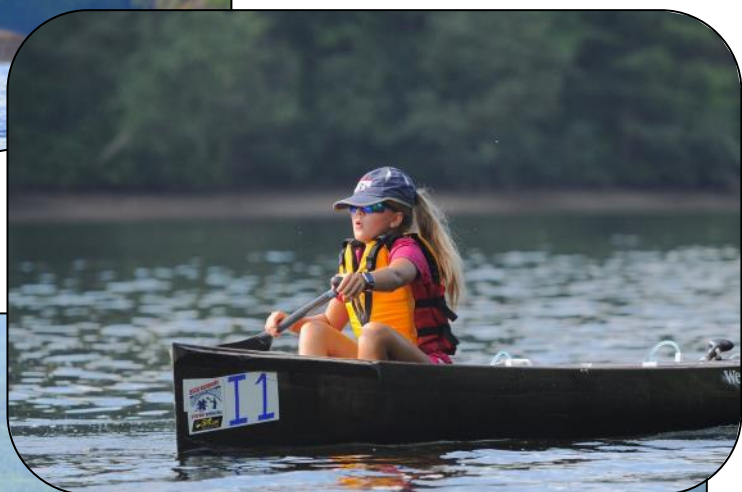


SATURDAY, AUGUST 13, 2016

NATIONALS RESULTS



*Photos this page courtesy of
BillAmosPhotography.com.*





Photos courtesy of BillAmosPhotography.com



Saturday, August 13, 2016

K1 Sea Kayak Woman Open - AA

Number Last Name First Name Age State

K1 Sea Kayak Woman Master - AB

Number Last Name First Name Age State

AB1	Nixon	Lynn	47	PA	2:34:15	1
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K1 Sea Kayak Woman Senior - AC

Number Last Name First Name Age State

AC1	Blaylock	Lori	58	IN	2:19:40	1
AC3	Fisk	Valerie	55	MA	2:31:10	2
AC2	Duguay	Beth	58	MA	2:43:16	3

K1 Sea Kayak Woman Veteran 1 - AD

Number Last Name First Name Age State

AD1	Kanost	Debra	61	IN	2:19:46	1
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K1 Sea Kayak Woman Veteran 2 - AE

Number Last Name First Name Age State

K1 Sea Kayak Woman Grand Veteran 1 - AF

Number Last Name First Name Age State

K1 Sea K Number Last Name First Name Age State

*Special Age Recognition Award for first 80+

K1 Sea Kayak Man Open - BA

Number Last Name First Name Age State

BA1	Lucas III	Hansel	32	PA	2:02:21	1
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K1 Sea Kayak Man Master - BB

Number Last Name First Name Age State

BB2	Young	Eric	43	NY	2:05:54	1
BB1	Hofmeister	Ed	40	MA	2:15:22	2

K1 Sea Kayak Man Senior - BC

Number Last Name First Name Age State

BC6	Mallory	James	58	NY	1:53:08	1
BC8	Rosenau	Steve	59	NC	2:01:39	2
BC7	McCue	John	54	NC	2:05:34	3
BC5	Golfieri	David	55	PA	2:08:13	4
BC1	Ammon	Brian	58	PA	2:11:00	5
BC2	Beusmans	Jack	58	MA	2:12:58	6
BC4	Duguay	Chris	52	MA	2:19:25	7
BC3	DeNering	Wesley	55	MA	2:45:43	8

K1 Sea Kayak Man Veteran 1 - BD

Number Last Name First Name Age State

BD2	Budi	James	63	SC	2:01:26	1
BD5	Dodd	Martin	63	CT	2:05:26	2
BD4	Curtiss	Robin	61	NH	2:11:27	3
BD1	Baumert	Daniel	63	ME	2:12:14	4
BD6	Meise	John	60	MD	2:17:59	5



Photo by
BillAmosPhotography.com

BD3	Caudill	Mike	63	OH		SCR
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K1 Sea Kayak Man Veteran 2 - BE

Number	Last Name	First Name	Age	State		
BE3	Marona	John	65	CT	2:06:17	1
BE5	Woodruff	William	66	VA	2:09:47	2
BE2	Green	Glen	68	NJ	2:14:12	3
BE4	Walton	Tom	67	NH	2:14:55	4
BE1	Charney	Dennis	65	NY	2:53:07	5

K1 Sea Kayak Man Grand Veteran 1 - BF

Number	Last Name	First Name	Age	State		
BF4	Leszek	Ed	70	OH	2:06:09	
BF5	Scofield	Ralph	73	MI	2:16:51	
BF7	Bellerose	George	73	VT	2:21:26	
BF3	Gocking	Roger	72	NY	2:25:13	
BF1	DeGroot	Roger	71	IA	2:31:18	
BF2	Fisher	Robert	72	NY		DNF
BF6	Snook	Robert	70	PA		SCR

K1 Sea Kayak Man Grand Veteran 2 - BG

Number	Last Name	First Name	Age	State		
BG2	Patton	Jerry	77	PA	2:36:52	1
BG1	Coyne	Terrance	76	MA	3:06:00	2

*Special Age Recognition Award for first 80+

C2 Standard Mixed - C

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
C5	Herbert	Mike	55	AR	Herbert	Savanna	19	AR	2:00:06	1
C6	Kopta	Lauraellen	58	NY	Kopta	Mark	59	NY	2:08:21	2
C7	McDuffie	Lynne	53	NC	McDuffie	William	54	NC	2:09:02	3
C4	Ewing	Julia	34	PA	Leone	Dick	69	PA	2:11:52	4
C3	Doyle	Anne	55	MA	Stock	Jim	60	MA	2:13:18	5
C1	Bechtel	Gregory	54	OH	Bechtel	Susan	53	OH	2:23:28	6
C2	Browning	Pam	57	MA	Nuthmann	Conrad	57	MA	2:32:42	7

*Special Age Recognition Award for first team 70+ and 80+

C2 Mixed Open - DA

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
DA4	Davis	Michael	25	MI	Davis	Rebecca	26	MI	1:51:07	1
DA9	Willoughby	Weston	25	MI	Schlimmer	Mary	25	NY	1:51:38	2
DA1	Blais	Fred	29	CAN	Barton	Roxanne	59	MI	1:53:47	3
DA8	Robinson	Miranda	28	NY	Schlimmer	Benedict	27	NY	1:53:48	4
DA7	Reese	Phoebe	36	NY	Schlimmer	Joe	31	NY	1:55:02	5
DA6	Nadeau	Sylvie	42	CAN	Theim	Zackery	20	NY	1:55:08	6
DA5	Gillespie	Adrienne	28	NY	Torongo	Bill	54	MI	1:56:15	7
DA2	Brabant	Sean	26	MI	Olney	JoAnn	15	NY	2:03:53	8
DA3	Cramer	Tommy	37	IA	Cramer	Tracy	28	IA	2:13:29	9

C2 Mixed Master - DB

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
DB2	Drew	Steve	50	MA	Ellsworth	Emma	40	MA	1:53:50	1
DB3	Harris	Sandy	65	NH	King	Matt	41	MA	1:59:51	2
DB1	DeFeo	Jeff	61	MA	Wilson	Christina	47	NH	2:03:56	3

C2 Mixed Senior - DC

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
DC10	Hassel	Calvin	52	NE	Wesley	Gloria	56	MA	1:51:09	1
DC3	Crowe	Kari	52	NH	Kazmierczyk	John	56	NH	1:53:53	2
DC11	Howard	Doug	55	VT	Warner	Kristen	52	NH	1:55:04	3
DC7	Ellsworth	Tom	51	MA	Hamilton	Mary	51	NH	1:55:13	4
DC14	Simpson	Karen	61	Can	Miller	Stephen	51	MA	1:56:23	5
DC4	Cummings	Del	58	CT	Cummings	Vicki	54	CT	1:56:40	6
DC6	Edwards	John	68	FL	Frances	Hildrene	51	FL	1:57:29	7
DC16	Webb	Jon	56	MI	Webb	Sarah	55	MI	1:59:00	8
DC5	Dorsey	David	58	MA	Dorsey	Kris	60	MA	1:59:08	9
DC2	Bradley	Barb	59	WI	Lyesiuk	Nick	72	MA	2:03:52	10
DC12	Lensch	Linda	57	NJ	Ross	Gil	60	NY	2:04:05	11
DC13	Payne	Tom	58	MA	Superchi	Sandy	60	MA	2:04:45	12
DC8	Even	Joanie	50	IA	Hill	Rick	61	IA	2:07:46	13
DC9	Greiner	Ed	58	NY	Greiner	Kim	57	NY	2:10:09	14
DC15	Van Dusen	Ted	70	MA	Van Erp	Annemoon	52	MA	2:13:45	15
DC1	Barr	Betsy	51	PA	Krapf	Dale	71	PA	2:21:58	16

C2 Mixed Veteran - DD

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
DD3	Faloon	Joanna	61	Can	McNett	Eric	60	ME	1:55:30	1
DD5	Martin	Steve	60	PA	Stout	Teresa	62	PA	2:05:13	2
DD2	Dugas	Dianna	62	MA	Ellsworth	William	73	MA	2:10:08	3
DD4	Henry	Joan	76	NY	Henry	Roger	74	NY	2:11:48	4
DD1	Burris	Becky	65	AR	Cramer	Ted	62	IA	2:16:15	5

*Special Age Recognition Award for first team 70+ and 80+

DD4	Henry	Joan	76	NY	Henry	Roger	74	NY	1st 70+
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K2 Unlimited Mixed (Trial Class) - E

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
E4	Melnikov	Michael	57	MA	Henkel	Heidi	43	VT	1:53:07	1
E2	Hudyncia	Timothy	48	MA	Kreamer	Jenifer	48	MA	1:56:06	2
E3	Kaiser	Ron	53	PA	Wenrich-Kaiser	Kate	56	PA	2:01:04	3
E1	Groesbeck	Timothy	59	NH	Matthias	Lara	19	NH		DNF

C2 Man/Junior - F

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
F1	Burris	Dale	61	AR	Sayger	Josh	17	AR	2:01:41	1
F2	Pennington	Doug	59	MO	Sayger	Matthew	15	AR	2:12:39	2

*Special Recognition Awards for first three Junior Women and their partners

C2 Woman/Junior - G

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
G1	Fish	Zachary	15	MA	Fitzgerald	Pam	55	NY	2:05:03	1

*Special Recognition Awards for first three Junior Women and their partners

C2 Mixed Junior - H

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
H2	Fish	Colin	17	MA	Fitzgerald	Briana	16	NY	0:58:45	1
H1	Alicea-Santigo	Javier	12	ME	Sapiel	Sheylee	13	ME		SCR

C2 Man/Youth - I

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
19	Madore	Jerry	47	MA	Madore	Gus	14	MA	0:59:06	1
110	Sayger	Ariel	13	AR	Walls	Don	53	AR	0:59:46	2
114	Galipeau	Damon	14	ME	Ranco	Mark	54	ME	1:01:39	3
18	Lyesiuk	Brent	45	MA	Lyesiuk	Matthew	13	MA	1:01:56	4
15	Hall	Bridget	14	MA	Hall	Andy	44	MA	1:03:39	5
111	McDuffie	River	14	NC	Sharp	Edward	76	VA	1:08:02	6
12	Clark	Roger	64	MI	Diget	Ashley	13	MI	1:08:09	7
11	Barr	Elizabeth	10	PA	Barr	Doug	65	PA	1:08:30	8
113	Galipeau	Apemesim	13	ME	Galipeau	Brian	42	ME	1:08:54	9
16	Jones	Eric	45	CT	Jones	Phoebe	10	CT	1:15:44	10
17	Josefik	Ben	43	IL	Josefik	Luke	6	IL	1:17:02	11

*Special Age Recognition Awards for the first three and their partner in each age category: 5 - 7, 8 - 10, 11 - 12, 13 - 14

17	Josefik	Ben	43	IL	Josefik	Luke	6	IL	1st 5 - 7
16	Jones	Eric	45	CT	Jones	Phoebe	10	CT	1st 8 - 10
19	Madore	Jerry	47	MA	Madore	Gus	14	MA	1st 13 - 14

C2 Woman/Youth - J

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
J1	Dana	Eve	44	ME	Sapiel	Aliya	12	ME		SCR

*Special Age Recognition Awards for the first three and their partner in each age category: 5 - 7, 8 - 10, 11 - 12, 13 - 14

J1	Dana	Eve	44	ME	Sapiel	Aliya	12	ME	1st 11 - 12
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C4 Unlimited (Trial Class) - K

					Time	Place
K1	Gary Aprea	Gloria Wesley	Ben Schlimmer	Fred Blaise	0:52:38	1
K5	Bruce Barton	Paul Olney	Beth Schluter	Tony Bond	0:53:40	2
K3	Nick Hindley	Peter Ross	Mark Winter	Charlie Bruno	0:53:51	3
K4	Dave Haas	Weston Willoughby	Mary Schlimmer	Theresa Schlimmer	0:54:00	4
K2	Scott Ide	Mary Kay Ide	Lis Venetiou	Alex Venetiou	1:01:43	5



Photo courtesy of BillAmosPhotography.com.

SUNDAY, AUGUST 14, 2016

NATIONALS RESULTS



Photos by BillAmosPhotography.com



Sunday, August 14, 2016

C2 Standard Men Open - AA

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
AA3	Madore	Jerry	47	MA	Jones	Eric	45	CT	2:05:42	1
AA2	Josefik	Ben	43	IL	Pennington	Doug	59	MO	2:06:36	2
AA4	Sayger	Mark	21	AR	Bechtel	Greg	54	OH	2:10:44	3
AA1	Finnen	John	57	PA	Gustin	Dave	53	PA		SCR

C2 Standard Men Master - AB

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
AB1	Haas	David	62	PA	Kopta	Mark	59	NY	1:58:43	1
AB2	Winter	Mark	56	NY	McConville	Peter	62	NY	2:01:18	2
AB4	Thiel	Ray	64	CT	Kenyon	Ted	44	CT	2:05:01	3
AB3	McDuffie	William	54	NC	Sharp	Ed	77	NC		DNF

*Special Age Recognition Award for first team 70+ and 80+

C1 Woman Open - BA

Number	Last Name	First Name	Age	State	Net Time	Place
BA1	Davis	Rebecca	26	MI	2:07:17	1
BA6	Schlimmer	Mary	25	NY	2:12:01	2
BA4	Reese	Phoebe	36	NY	2:18:20	3
BA2	Ewing	Julia	34	PA	2:27:22	4
BA5	Schlimmer	Theresa	24	NY	2:32:34	5
BA3	Gillespie	Adrienne	28	NY	2:33:38	6

*Special Age Recognition Award for first 24 and under

BA5	Schlimmer	Theresa	24	NY
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C1 Woman Master - BB

Number	Last Name	First Name	Age	State	Net Time	Place
BB1	Ellsworth	Emma	40	MA	2:16:02	1
BB2	Nadeau	Sylvie	42	CAN	2:24:48	2
BB3	Pleasant	Karen	48	MA	2:27:14	3

C1 Woman Senior - BC

Number	Last Name	First Name	Age	State	Net Time	Place
BC1	Barton	Roxanne	59	MI	2:14:27	1
BC3	Crowe	Kari	52	NH	2:14:28	2
BC7	Jensen	Kathy	53	MI	2:16:25	3
BC2	Bradley	Barb	59	WI	2:22:50	4
BC6	Greiner	Kim	57	NY	2:32:51	5
BC4	Even	Joanie	50	IA	2:51:25	6
BC5	Fitzgerald	Pam	55	NY		SCR
BC8	Wesley	Gloria	56	MA		SCR

C1 Woman Veteran 1 - BD

Number	Last Name	First Name	Age	State	Net Time	Place
BD1	Faloon	Joanna	61	Can	2:08:36	1
BD2	Rabuck	Carol	60	PA		SCR
BD3	Superchi	Sandra	60	MA		SCR

C1 Woman Veteran 2 - BE

Number	Last Name	First Name	Age	State	Net Time	Place
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C1 Woman Grand Veteran 1 - BF

Number	Last Name	First Name	Age	State	Net Time	Place
BF1	Schluter	Beth	72	WI	2:16:37	1

C1 Woman Grand Veteran 2 - BG

Number	Last Name	First Name	Age	State	Net Time	Place
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*Special Age Recognition Award for first 80+

C1 Woman Stock Open - C

Number	Last Name	First Name	Age	State	Net Time	Place
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*Special Age Recognition Award for first 70+ and 80+

OC1 Man - D

Number	Last Name	First Name	Age	State	Net Time	Place
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D2	Dyka	Paul	65	CT	2:04:30	1
D8	Terbush	Bill	59	MA	2:06:11	2
D4	Horney	Steven	56	IN	2:09:55	3
D5	McNamara	Robert	59	PA	2:11:16	4
D9	Walls	Kenneth	70	MA	2:13:42	5
D6	Ponticorvo	John	67	NJ	2:22:18	6
D7	Ross	Gilbert	60	NY	2:32:20	7
D3	Green	Glen	68	NJ	2:46:21	8
D1	Daldegan	Vick	74	NY		SCR

*Special Age Recognition Award for first team 40 - 49, 50 - 59, 60 - 69, 70+, 80+

D8	Terbush	Bill	59	MA	1st 50 - 59
D2	Dyka	Paul	65	CT	1st 60 - 69
D9	Walls	Kenneth	70	MA	1st 70+

K1 Unlimited Woman Open - EA

Number	Last Name	First Name	Age	State	Net Time	Place
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EA2	Jordan	Sara	36	VA	2:07:46	1
EA1	Herbert	Savanna	19	AR	2:14:52	2

*Special Age Recognition Award for first paddler 24 and under

EA1	Herbert	Savanna	19	AR		
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K1 Unlimited Woman Master - EB

Number	Last Name	First Name	Age	State	Net Time	Place
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EB1	Kreamer	Jennifer	47	MA	2:15:45	1
EB3	Nixon	Lynne	47	PA	2:31:42	2
EB4	Tramposh	Shelly	46	NY	2:45:32	3
EB2	Lucas	Jody	44	PA	2:49:34	4

K1 Unlimited Woman Senior - EC

Number	Last Name	First Name	Age	State	Net Time	Place
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EC6	Mattingly	Hype	51	NJ	2:03:46	1
EC5	Hanowski	JoAnn	59	VT	2:08:49	2
EC2	Chappell	Leslie	53	MA	2:10:52	3
EC1	Browning	Pam	57	MA	2:16:15	4
EC3	Curran	Colleen	51	OH	2:16:43	5
EC4	Goodman	Andrea	58	MA	2:30:19	6

K1 Unlimited Woman Veteran 1 - ED

Number	Last Name	First Name	Age	State	Net Time	Place
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K1 Unlimited Woman Veteran 2 - EE

Number	Last Name	First Name	Age	State	Net Time	Place
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K1 Unlimited Woman Grand Veteran 1 - EF

Number	Last Name	First Name	Age	State	Net Time	Place
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K1 Unlimited Woman Grand Veteran 2 - EG

Number	Last Name	First Name	Age	State	Net Time	Place
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*Special Age Recognition Award for first 80+



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C2 Men Open - FA

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
FA4	Davis	Michael	25	MI	Schlimmer	Ben	27	NY	1:49:02	1
FA9	Willoughby	Weston	25	MI	Schlimmer	Mike	29	NY	1:49:12	2
FA5	Gelinas	Adam	34	MA	Morse, Jr.	Jack	53	MA	1:50:10	3
FA8	Shaw	Joe	61	MA	Blais	Fred	29	CAN	1:51:59	4
FA7	King	Matthew	41	MA	Litchenberger	Jason	38	MA	1:55:22	5
FA3	Cyr	Francis	58	ME	Keefe	Tom	35	MA	2:00:49	6
FA6	Goodwin	Ken	54	MA	Goodwin	Ryan	28	MA	2:01:10	7
FA1	Brabant	Sean	26	MI	Thiem	Zack	20	NY	2:02:25	8
FA2	Cramer	Tommy	37	IA	Hall	Andy	44	MA		DNF

*Special Age Recognition Award for first team 24 and under

C2 Men Master - FB

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
FB2	Berry	John	48	MA	Lyesluk	Brent	45	MA	1:54:26	1
FB5	Kopta	Fran	42	NY	Miller	Seth	50	MA	1:55:41	2
FB4	Henning	Tim	53	NY	Ross	Peter	49	NY	2:01:18	3
FB3	Francis	Chris	41	ME	Ranco	Mark	54	ME	2:01:46	4
FB1	Allen	Tim	44	MA	Teece	Jeff	58	MA	2:05:50	5

C2 Men Senior - FC

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
FC10	Hassel	Calvin	52	NE	Torongo	Bill	54	MI	1:49:24	1
FC8	Drew	Steve	51	MA	Ellsworth	Tom	51	MA	1:52:01	2
FC11	Kazmierczyk	John	56	NH	Miller	Steve	52	MA	1:52:05	3
FC1	Barton	Bruce	59	MI	Olney	Paul	53	NY	1:52:06	4
FC5	Cummings	Del	58	CT	Howard	Doug	58	VT	1:55:23	5
FC9	Gruber	Paul	58	PA	Martin	Steve	60	PA	1:57:17	6
FD5*	Edwards	John	67	FL	McNett	Eric	61	ME	1:57:25	7
FC3	Burris	Dale	61	AR	Walls	Don	53	AR	1:58:07	8
FC13	Webb	Jon	56	MI	DeFeo	Jeff	61	MA	2:00:02	9
FC7	Dorsey	David	58	MA	Payne	Tom	58	MA	2:01:39	10
FC12	Pederson	Jeff	55	NY	Young	John	58	NY	2:02:44	11
FC2	Boss	Kevin	53	MA	Vandorpe	Dave	61	MA	2:02:51	12
FC6	Dias	Scott	59	MA	Duquette	Bruce	67	MA	2:04:00	13
FC4	Cole	Clayton	58	ME	Cole	Paul	60	ME	2:05:09	14

* Elected to race in the first heat.

C2 Men Veteran 1 - FD

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
FD4	Dugas	David	64	MA	Euvard	Ed	61	MA	1:59:05	1
FD3	Doucett	James	62	MA	Hill	Richard	61	IA	2:14:57	2
FD1	Anthony	Deven	60	FL	Bond	Tony	63	AUS	2:17:22	3
FD6	Fremont	Mike	94	OH	Moller	Bernie	63	OH	2:31:54	4
FD2	Cramer	Ted	62	IA	Krapf	Dale	71	PA		SCR

C2 Men Veteran 2 - FE

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
FE3	Heed	Peter	66	NH	Fairchild	Michael	65	VT	1:55:42	1
FE1	Bruno	Charlie	69	PA	Sayre	Ed	70	PA	1:58:18	2
FE2	Casale	John	67	MA	Warner	Tom	68	NH	1:58:43	3
FE5	McAndrew	Mark	65	VT	Anderson	Bill	67	ME	2:01:41	4

C2 Men Grand Veteran 1 - FF

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
FF1	Allen	Bob	72	MA	Thomas	Tom	71	IN	1:57:36	1
FF5	Rankinen	Rich	74	PA	Williams	Ron	75	Can	1:59:42	2
FF4	McMorrow	Greg	72	ME	Muhlen	Roland	73	OH	2:00:57	3
FF3	Henry	Roger	74	NY	Lyesluk	Nick	72	MA	2:03:27	4
FF2	Aprea	Gary	72	MA	Ellsworth	Bill	72	MA		SCR

C2 Men Grand Veteran 2 - FG

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
FG3	MacQueen	Jon	75	CAN	Vandewinckel	Glen	79	NY	2:03:28	1
FG2	Gerg	Ken	80	PA	Young	Laveme	80	FL	2:14:46	2
FG1	Brown	Jerry	75	MA	Morse	Jack	76	MA	2:22:35	3
FG4	Nyman	Steve	78	MA	Lamoureux	Dave	75	MA	2:31:39	4

*Special Age Recognition Award for first team 80+

FG2	Gerg	Ken	80	PA	Young	Laveme	80	FL		
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K1 ICF Woman Open - GA

Number	Last Name	First Name	Age	State	Net Time	Place
GA1	Henkel	Heidi	43	VT	2:03:36	1

K1 ICF Woman Master - GB

Number	Last Name	First Name	Age	State	Net Time	Place
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*Special Age Recognition Award for first 50 - 59, 60 - 69, 70+, 80+

K1 ICF Man Open - HA

Number	Last Name	First Name	Age	State	Net Time	Place
HA3	Lishchuk	Jesse	21	PA	1:38:53	1
HA1	Dostal	Michael	37	MA	1:39:09	2
HA2	Herbert	Mike	55	AR	1:42:18	3
HA8	White	Joe	33	OH	1:51:42	4
HA4	Panchenko	Oleg	43	NJ	2:01:59	5
HA7	Tranter	Roburt	39	Can	2:08:06	6
HA6	Putnam	Cody	21	VT	2:29:39	7
HA9	Yellin	Roei	35	ISR		SCR
HA5	Pigott	Benjamin	35	MA		SCR

K1 ICF Man Master - HB

Number	Last Name	First Name	Age	State	Net Time	Place
HB4	Lupinski	Jan	49	NY	1:51:11	1
HB3	Kuehnel	Kurt	55	MA	1:54:18	2
HB2	Cummins	William	41	KY	1:58:29	3
HB8	Woodruff	Nat	42	MA	2:00:53	4
HB5	Marona	John	65	CT	2:07:58	5
HB1	Chappell	Chris	53	MA	2:13:17	6
HB6	Smith	Steven	70	CT	2:15:47	7
HB9	Baker	Bill	73	MA	2:36:44	8
HB7	Woodruff	William	66	VA		SCR

*Special Age Recognition Award for first 50 - 59, 60 - 69, 70+, 80+

HB3	Kuehnel	Kurt	55	MA	1st 50 - 59
HB5	Marona	John	65	CT	1st 60 - 69
HB6	Smith	Steven	70	CT	1st 70+



Photo by BillAmosPhotography.com

K2 Unlimited Men - I

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
I4	Mallory	James	58	NY	Skeels	Matt	40	NY	1:40:26	1
I1	Echols	Wesley	56	RI	Thomas	David	38	MA	1:41:15	2
I2	Glover	Dale	45	PA	Kaiser	Ron	53	PA	1:48:01	3
I5	Sweeney	Michael	61	PA	Lucas III	Hansel	32	PA	1:50:24	4
I3	Long	David	61	IN	Eaton	Roger	56	TX	1:57:43	5

*Special Age Recognition Award for first team 40 - 49, 50 - 59, 60 - 69, 70+, 80+

K1 Intermediate (Non-Championship) - J

Number	Last Name	First Name	Age	State	Net Time	Place
J3	Redos	John	61	PA	1:58:01	1
J5	Shenberger	Jeff	54	MA	2:03:21	2
J4	Rosenau	Steve	59	NC	2:05:21	3
J1	Fisk	Valerie	55	MA	2:43:26	4
J2	Nuthmann	Conrad	57	MA	2:52:58	5
J6	Walton	Tom	67	NH		SCR

C1 Woman Junior - K

Number	Last Name	First Name	Age	State	Net Time	Place
K1	Fitzgerald	Briana	16	NY	1:09:37	1
K3	Olney	JoAnn	14	NY	1:18:42	2
K4	Sayger	Ariel	13	AR	1:20:13	3
K2	McDuffie	River	14	NC		SCR

K1 Woman Junior - L

Number	Last Name	First Name	Age	State	Net Time	Place
L1	Diget	Ashley	13	MI	1:09:56	1

C2 Men Junior - M

Number	Last Name	First Name	Age	State	Partner Last Name	Name	Age	State	Net Time	Place
M1	Fish	Colin	17	MA	Fish	Zachary	16	MA	0:56:54	1
M2	Sayger	Joshua	17	AR	Sayger	Matthew	15	AR	1:01:14	2

SUP Unlimited Woman - N

Number	Last Name	First Name	Age	State	Net Time	Place
N1	Spector	Patty	66	MA	1:23:15	1

*Special Age Recognition Award for first 70+ and 80+

SUP Unlimited Man - O

Number	Last Name	First Name	Age	State	Net Time	Place
O2	Chittenden	Josh	35	MA	1:11:42	1
O3	Diller	John	58	MD	1:15:42	2
O4	Miller	Gary	65	MA	1:16:36	3
O1	Bischof	Jonathan	61	VT	1:23:36	4

*Special Age Recognition Award for first 70+ and 80+



Phoebe Reese making the most of the water in C-1 on Sunday!

Photo by BillAmosPhotography.com.

USCA 2016 – 2017

List of Officers, Board of Directors (Delegates), & Committee Chairs

USCA Officers

Executive Committee

President & Chair:

Peter Heed

Vice President:

Larry Latta

Secretary:

Joan Theiss

Treasurer:

John Edwards

Executive Director

Bill Gardner

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Standing Committees for 2016

Adaptive Paddling – Jan Whitaker

Auditing – Larry Latta

Barton Cup (Sub-ctee, Youth Activities) - Pam Fitzgerald & Teresa Stout

Bylaws Review - Harold Theiss

Camaraderie – Judy Jeanes

Camping/Cruising - Bob Allen

Competition – Norm Ludwig

Competition / Dragon Boat - Robert McNamara

Competition / Kayak – Ron Kaiser & Lloyd Reeves

Competition / Nationals Awards – Barbara Walls

Competition / Orienteering – Stephen Miller

Competition / Outrigger Canoe – Hype Mattingly

Competition / Adult Sprints – John Edwards

Competition / Youth Sprints - Lloyd Reeves

Competition / Standup Paddleboard - Lloyd Reeves

Competition / Swan Boat - Glen Green

Conservation –Education - Lynne Witte

Historian - Joan Theiss

Instruction Certification –

Insurance / Coordinator- Joan Theiss

Marketing – Bill Gardner

Membership – Harold Theiss

Merchandise Sales –

Nationals Coordinator - Don Walls

Nominating – Bob Spain

Publications – Steven Horney

Publicity & PR –

Safety – Glen Green

Technical Inspection – Jerry Patton

USCA Bylaws/Rules/Regulations Review & Oversight – Joan Theiss

USCA/ IC F Grants – Priscilla Reinertsen

Youth Activities – Pam Fitzgerald & Teresa Stout

Webmaster- Larry Latta

Women's Interest –

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USCA NATIONALS

STATE POINTS

STATE POINTS – USCA NATIONAL MARATHON CHAMPIONSHIPS

Northfield, MA August 12-14, 2016 and Batesville, AR July 30-31, 2016

The States listed below had points calculated on the following system. Points were awarded to each paddler's state of residence. In a team event, both paddlers received the same number of points. If the partner is non-US, the US member is awarded the points for his/her state of residence.

1st place – 50 points; 2nd place – 45 points; 3rd place – 40 points; 4th place – 35 points; 5th place – 30 points; 6th place – 25 points; 7th place – 20 points; 8th place – 15 points; 9th place – 10 points and 10th place receives 5 points.

Points from the USCA Stock Aluminum National Championships held in Batesville, AR July 30-31, 2016 were included in the point tabulation.

The winner of the State Points revolving trophy was **Massachusetts** with 4270 points. Second place was **New York** with 2545 points and third was **Arkansas** due to a strong contingent of junior paddlers at the Stock Aluminum Championships. The remaining 27 states that were represented at the Nationals are as follows:

4. PA – 1590
5. MI – 1110
6. NH – 875
7. FL – 865
8. ME – 770
9. TX – 715
10. CT – 595
11. VT – 575
12. IN – 455
13. OH – 380
14. NC – 345
15. MO – 335
16. VA – 320
16. IA – 320
18. NJ – 205
19. NE – 145
20. WI – 140
21. KY – 125
22. LA – 120
23. RI – 85
24. MD – 75
25. SC – 50
26. IL – 45
27. SD – 40

Photo courtesy of Tony Bond



Help Keep USCA Growing

***2016 Memberships expire
December 31st. Be early and join
now for 2017.***

Don't miss any issues of Canoe News!

***All Delegates and Committee Chairs must be
a member before the USCA Annual Meeting
in January in Charlotte, NC.
Please don't wait.***

Ask your friends to join or renew early. Do so
online at www.uscanoe.com or fill out form in
this issue and mail with check payable to **USCA**

To: Harold Theiss, Membership Chair
12802 Lake Jovita Blvd. Dade City, FL 33525

Change of: *address, email, or phone number?*

Contact: *Harold Theiss, (above address)
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*Hansel Lucas III
and Haley*

Enjoy!